FEARNHILL SCHOOL
Headteacher – Mr T Spencer, BSc

Our ref: JMN/SCR

2026-27

Dear Parent/Carer

PSHE & RSHE Programmes Information 2026-27

As a part of your child's education at Fearnhill School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE is the curriculum subject that provides young people with the knowledge, skills and understanding to manage their lives, make informed choices and stay healthy, safe and resilient in our world. An important part of our PSHE curriculum is the Relationship, Sex and Health Education (RSHE) element.

Through RSHE, students learn about healthy lifestyles, positive relationships and their role within the wider world. Lessons provide a safe and supportive environment in which students can ask questions and develop the understanding needed to navigate relationships of all kinds in modern society.

PSHE and RSHE are taught across all year groups and are carefully planned, monitored and reviewed by teaching staff, Heads of Year and myself as PSHE Lead.

PSHE/RSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

In accordance with statutory guidance from the Department for Education (DfE), secondary schools are required to consult with parents and carers regarding their RSHE policy and curriculum. The curriculum Autumn and Spring Term plan for Years 7-11 is clearly outlined on the school website here.

At Fearnhill we use new resources from 'Jigsaw', as well as other relevant and well-researched resources within all of our RSHE lessons. You can access the Jigsaw information leaflet here.

For more information on PSHE/RSHE, please refer to our policy which can be found under the Info>Policies section of the school website. There have been minimal changes made to the policy for the 2026/2027 academic year.

Should you have any questions or concerns regarding the PSHE programme, please complete this form and I will respond directly to you.

Yours sincerely,

Mrs J Martin
PSHE Lead