



Revision Tips

With exam season underway the Year 11 & 13 students are well prepared but going the extra mile with intervention and revising hard. They should use half term wisely to rest and recuperate but use the following revision tips to make the most of their week and prepare for the remainder of exams.

Rephrase & Repeat

Research shows that repeating info aloud to yourself is a powerful memory technique because it engages multiple senses

To better anchor the content in your mind, rephrase them in your own words. Many find that writing down info has the same effect. Or, support the brain's love of colour by using highlighters to increase retention and comprehension

Treat Yourself

A valuable incentive

Set goals & reward yourself once you have achieved them

Eat Healthy & Drink Water

Studies show that what you eat can affect your performance

Refrain from skipping breakfast and eat. Seek out high-protein foods. Drink lots of water to stay hydrated

Plan your study time

Schedule set study time for each exam subject

Be sure to take adequate breaks



Internet Usage

Although a helpful study tool, the internet can also waste precious revision time

Take advantage of time management apps to ensure you are focusing on the subjects needed rather than falling prey to internet distractions. These prevent you from 'accidentally' going on other websites and/or logging onto social networking sites which could defer your concentration

Exercise

Make time for exercise

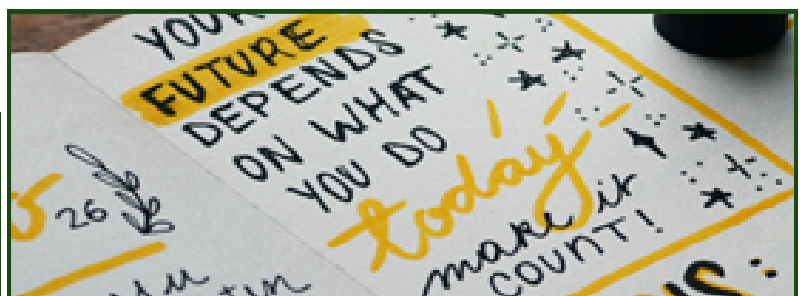
Just 30 mins of cardiovascular activity spikes the brain's production of "feel good" endorphins, which do everything from improving memory to enhancing problem solving abilities. Cardio can help reduce stress so don your running shoes and give your brain a boost!

The past 5/7 years have led them to this point and we know they will put their all into trying their best - that is all we can ask. Good luck to them all.

Ms Balchin, Careers Lead



Look out every fortnight for new features - all things career related!



YEAR 11 EXAM ARRANGEMENTS

With the GCSE exam season upon us, a letter has been sent out clarifying the arrangements for Year 11 students for the summer term.

If you have any queries regarding this, please contact the exams office (exams@fearnhill.herts.sch.uk).

We wish all our students every success in their forthcoming exams and will continue to support them in any way we can. If you have any queries regarding these dates/events then please do not hesitate to contact the school.



Important Dates for your Diary

Year 11 Revision Sessions - 1st-5th June

Year 11 Final Exam - 16th June

Year 11 Leavers' Assembly - 18th June

Year 11 Prom - 19th June

Year 11 into 12 Induction - 8th July

GCSE Results Day - 20th August

FEELING STRESSED ABOUT EXAMS?

The emotional and physical impact of exams stress

Exam stress can manifest in various ways, both **emotionally** including feelings of anxiousness, being overwhelmed, and being worried, leading to upset and tears, and **physically** including possible headaches, dizziness, stomach pain, difficulty concentrating, forgetfulness, and other bodily symptoms brought on by stress.

In addition, exam stress can significantly impact one's cognition. Fear of failure, fear of disappointing oneself or others, negative self-talk and doubting oneself are some of the common thoughts that could run through a stressed mind. Along with stress-induced behaviours that could result in avoiding revision, negatively impacting motivation, overworking without taking breaks, and a lack of engagement in activities that would normally be enjoyable.

What are some strategies to reduce exam stress?

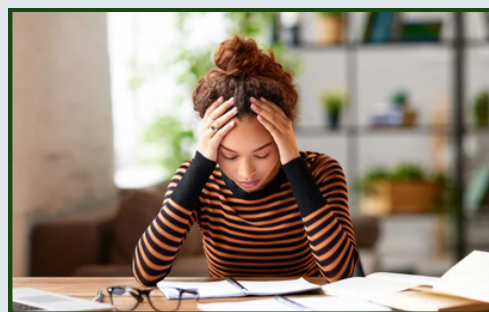
By implementing some of the following strategies, along with your own tried and tested methods, you will hopefully effectively manage exam stress to improve your well-being overall.

Practice self-care – Ensure you are getting enough sleep, eating a balanced diet, exercising regularly, and engaging in activities that help you relax and unwind. Practice relaxation activities such as deep breathing, e.g. Box breathing exercises or mental grounding techniques that have been proven to calm both mind and body during stressful moments.

Positive self-talk – Challenge negative thoughts by replacing them with positive and encouraging ones. Remember Dweck's philosophy 'The Power of Yet', and seek out opportunities to develop resilience as you face new challenges. Make it your daily mantra to remind yourself of your abilities and strengths. Remember you are on a learning journey and exams are just one aspect of this journey.

Your network of support – As the phrase goes, 'there is safety in numbers' so remember to reach out to teachers, friends, or family members for guidance and support. Share concerns and seek advice to help alleviate some of the stress you are experiencing.

Executive functioning skills – Begin your exam preparation well in advance to avoid feeling rushed or overwhelmed. Time management is important as you create a study schedule to help break down revision into manageable chunks. Keep study materials, notes, and important information well-organised and if possible designate an area home or school that will become your 'study space' to help reduce distractions.



Remember, it is normal to feel some level of stress in the lead-up to exams, but with the right mindset and good support system in place you can navigate this potentially challenging period – successfully!

HOW TO MANAGE EXAM STRESS

Exam stress is a challenge that affects students worldwide. GCSEs, A Levels and university exams all carry significant weight in shaping your future opportunities.

This article explores 25 key exam stress statistics for the UK, providing insights into what the research says about the causes and impacts. You'll also learn practical strategies to manage exam stress effectively.

How Students
Can Manage
Exam Stress



Practice Time Management

One of the most effective ways to manage exam stress is by creating a structured study schedule. Breaking down revision into manageable chunks over several weeks/months will help avoid last-minute cramming, significantly reducing stress levels. Utilising time-management tools, like revision timetables, calendars or study apps, can help keep on track and prevent overwhelming feelings of not having enough time. Using strategies such as the Pomodoro technique can ensure that revision sessions are effective. There are a range of useful articles in the Save My Exams learning hub which can help you with whatever subjects you are studying.

Focus on Physical Health

Students often underestimate how much their physical well-being can affect their mental state. My students are always surprised when I tell them to take breaks and continue with hobbies like playing sports. Eating healthy meals, staying hydrated, and incorporating physical exercise into daily routines can reduce stress. Exercise releases endorphins, which are natural mood boosters. Simple activities like walking, yoga, or even stretching during study breaks can help clear the mind and improve focus.

Mindfulness Relaxation Techniques

Mindfulness and meditation have become increasingly popular ways to combat stress. Apps like Headspace (opens in a new tab) or Calm (opens in a new tab) offer guided meditations that are specifically designed to ease exam anxiety. You can also practice deep breathing exercises or progressive muscle relaxation techniques to help calm your nerves before exams.'

Seek Support from Friends, Family, or Teachers

Talking about exam stress can relieve the pressure. You should share your concerns with friends, family members, or teachers. Many schools also offer peer mentoring programs or counselling services that provide guidance and stress management strategies. Childline, Young Minds, The Mix and many other websites offer a range of services and advice relating to exam stress. Knowing that others understand your struggles can make a significant difference.

Limit Social Media & Screen Time

Although it may seem like a good way to unwind, excessive social media use during exam periods can increase stress levels. Constant comparison to others' academic progress or seeing online distractions can contribute to feelings of inadequacy or guilt. Limiting screen time and focusing on personal progress rather than external distractions can help you maintain your mental balance.

Conclusion

Exams are always going to be a stressful and anxious time. The key to success is managing that stress and anxiety to ensure that it does not impact negatively on your exams. Take reassurance from the statistics to realise that you are not the only one who feels this way. There are many resources available to help and people including your friends, family and teachers who want to support you. Most importantly, remember that whatever your final results, there are many ways to reach your goals.

YEAR 11 NEXT STEPS

All Year 11 students have completed a Next Steps intention form stating their plans for after key stage 4. Once collated, any students who are a cause for concern will be asked to attend a meeting with myself or another senior member of staff to check they are on track to ensure they feel both supported and prepared for their next steps.

The 'Help Me Miss B!' clinic is continuing to run throughout registrations for Year 11 students in order to prepare them for life after Year 11. Attendance has been high and students have been very positive in planning for their future.

Year 11 Period 6 Revision Sessions

These sessions are finishing this week. We hope students who attended these additional lessons feel they have benefitted from the extra support. They were created especially to help them prepare for their exams. By attending, students have put themselves in the best position ready for their GCSEs.

Empowering Positive Change through Careers Education

GENERATION STEVENAGE CAREERS FAIR

We took (almost) all Year 10 students to the Generation Stevenage Careers Fair on Tuesday 5th May. This event was for young people in and around Stevenage to meet local employers from across a broad range of sectors, and discover the amazing opportunities available to them right here in Hertfordshire.

The aim of this event was the latest in a series of 'Generation' events that took the shape of a traditional careers fair providing students with the opportunity to meet with a wide range of local employers and providers. Students had the opportunity to speak to various exhibitors in order to increase their understanding and awareness of future careers.

Attendees were given the opportunity to:

- Discover and speak to local employers.
- Learn more about Hertfordshire's major employment sectors.
- Learn more about the various routes into work.
- Career path options
- Employment opportunities
- Apprenticeships and work experience
- Skills development and professional qualification programmes.

Students were provided with a student workbook which detailed the different exhibitors registered to attend. We strongly recommended that students took time to go through the book in advance of the event and identify 5-6 exhibitors that they wanted to prioritise speaking with. Students were also encouraged to speak with exhibitors that they had not previously heard of.

Student FEEDBACK

"I LEARNT ABOUT DIFFERENT CAREERS AND ENJOYED THE INTERACTIVE EXPERIENCE."

"I GOT TO SPEAK TO LOTS OF DIFFERENT JOB INDUSTRIES. I ENJOYED SPEAKING TO SOME CIVIL ENGINEERS AND RESEARCH SCIENTISTS."

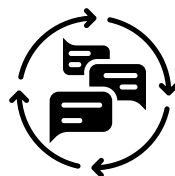
"IT WAS REALLY USEFUL."

"I LEARNT ABOUT DIFFERENT CAREERS AND WHAT I COULD DO. I ENJOYED GETTING TO KNOW ABOUT THE CAREERS THAT IVE NEVER REALLY CONSIDERED."

"I LOVED IT!"

"THERE JUST WASN'T ENOUGH TIME!"

"I LEARNT ABOUT DIFFERENT TYPES OF WORK AND ENJOYED FINDING OUT WHAT I COULD DO AFTER SCHOOL."



"I LEARNT HOW DIFFERENT JOBS WORK AND HOW YOU CAN FIRST APPLY TO THEM. I ENJOYED LEARNING HOW JOBS FULLY RUN."

"I LEARNT ABOUT THE DIFFERENT VARIATION AND CHOICES WITHIN BUSINESS. I ENJOYED ALL THE INFORMATION AND VARIETY OF PEOPLE."

"SOME JOBS I WOULD LIKED TO HAVE SPOKEN TO WEREN'T THERE."

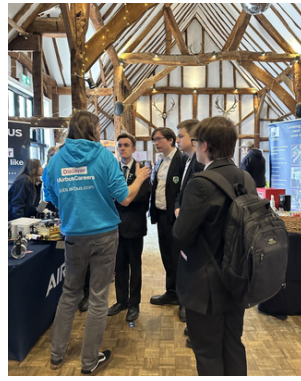
"I LEARNT ABOUT THE ENGINEERING CAREERS AT AIRBUS AND ENJOYED TALKING TO THE PEOPLE ON THE STALLS."

"THERE JUST WASN'T ENOUGH TIME!"

"I WOULD LIKE TO GO BACK TO SPEAK TO MORE PEOPLE"

Well Done!

The Year 10 students who attended the Generation Stevenage trip were a credit to themselves and the school. I was proud to be amongst such mature, well presented young people who made the most of this opportunity to find about future possibilities available to them in education, work and training.



Thank You

A big thank you to Mrs Martin, Mr Turner, Miss Jennings, Mrs Cottenden and Miss Tasker, who accompanied us on the trip. They were as well behaved as the students (almost!) ;-)

SPECIAL MENTION - MAY 11

I have been so impressed with Isaac 10G's pursuit of a career as an electrician. Isaac attended the construction trip back in March and whilst taking part in a variety of talks, demonstrations and practical activities in a range of trades - it was the electrical work that always drew his attention. I was having to unfortunately prize him away from a practical task at the end of the event as our time slot had come to an end.

At Generation Stevenage I was extremely proud to witness Isaac focussing in on the employers who were offering electrician work. He was asking mature and sensible questions, engaging in thoughtful conversations and gleanings as much info as possible on the employment opportunities and routes in to the industry such as through apprenticeships. Once again, we held the bus so Isaac could visit the last stand on the list.

It's so good to see a young person making the most of the opportunities they have been given and then going the extra mile to make their future happen.

Good luck to you Isaac - you deserve the best.



The Fearnhill Student

Kind. confident. self aware. resilient.

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YEAR 10, START THINKING AHEAD!

As the Year 11s finalise their destinations for next year, they make way for Year 10 to start investigating their forthcoming opportunities. Yes - Year 10, you need to start considering what educational path you wish to pursue after Year 11 as you will be expected to continue your education/work and training until the age of 18.

Why not check out Unifrog to start you off.

The **'Uk College/Sixth Form tool'** on Unifrog makes it easy to compare different courses at sixth forms and colleges across the UK, and decide which ones to apply to.

You can:

- Check what institutions offer the subject you want to study
- Check what level(s) the subject you want to study is taught at
- Compare different institutions

Time flies - be prepared for your future...

YEAR 10 STUDY SKILLS SESSIONS

On Wednesday 13th May, Year 10 students were off timetable to take part in 2 hours of Study Skills sessions. Mrs Martin and Mrs Nunneley prepared a useful and informative morning which, we hope, gave the students an insight into the transition from Year 10 into Year 11.

The sessions delivered were:

DUAL CODING

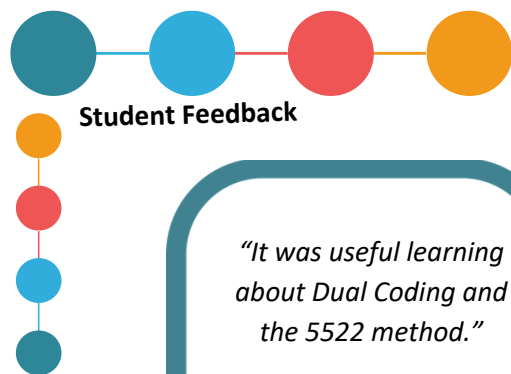
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COMMAND WORDS TO EXPECT IN EXAMS

AI TO REVISE

The benefit of these sessions was to:

- Learn revision techniques that will work for you
- Understand what you need to know to be successful in Mock Exams
- Get to know what methods work best for you
- Reflect on Attendance and understand the impact on performance



"It was useful learning about Dual Coding and the 5522 method."

"I enjoyed learning how to do the 5522 method properly."

"Overall, I found the sessions very useful."

YEAR 10 MOCK EXAMS

The Year 10 GCSE Mock Examinations begin on Monday 22nd June

- Form time will be revision focused, creating flashcards/quizzing
- Students are expected to carry out revision in their own time outside of learning

Poor Attendance +/-or/Poor Behaviour = POOR RESULTS

Year 10 mock results are a reliable predictor for Year 11 GCSE results

**PLAN, PACK
PREPARE**



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THE CAREERS PODCAST

Travel - an amazing career!

After a good spell in banking, Andrea recognised that she wanted something utterly different. She wanted to work in the travel industry.

Hers is a story of tenacity, initiative and a leap of faith. A career switch that just shows you how anything is possible and that age does not need to be a barrier.

Dive into the episode for a stack of learning, analysis and perhaps the only time you'll hear a podcast work in both Aristotle and hot dogs!

Big thanks to [Footsteps Travel](#) for making this happen.



[Access podcast here](#)



THE CAREERS &
ENTERPRISE
COMPANY

CAREER MYTH BUSTING



THE MYTH:

Mechanics are uneducated.

THE FACT:

Whilst higher education is not a requirement to become a mechanic, that does not mean it is a low-skilled job. As most modern vehicles are computer-controlled, being a mechanic requires an understanding of specialist technology and a commitment to ongoing training.

CAREERS QUOTE

*Inspirational quotes
from the latest crop
of NatWest Group
graduates. Some
wise words of advice
that make great
discussion starters.*



**ALTHOUGH A CLICHÉ, YOU REALLY
ARE YOUR OWN LIMITATION. YOU
CAN GO AS FAR AS YOU THINK YOU
CAN GO.**

SAAHIRAH AHMED, APPRENTICE

#NCW2026

NCW

NatWest
Thrive

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MEET THE EMPLOYER



MEET - MBDA

MBDA are a leading company in the defence industry. We support our nations by delivering essential military capabilities, both for today and the future. Our apprenticeships focus on business, engineering, software and manufacturing. As part of the programme, you'll move around the company in rotational placements, where you will gain a wider understanding of what we do, build a network within the organisation and define your future career with us. In addition to being recognised as one of the UK's Best Places to Work (Glassdoor, 2022), MBDA was awarded Gold status by the 5% Club in response to our commitments to workplace learning programmes.

SKILLS WE LOOK FOR



WHAT MAKES US A GREAT EMPLOYER

▶ ANNUAL LEAVE

▶ DISCOUNTS & VOUCHERS

▶ OUR EMPLOYEE ASSISTANCE PROGRAMME

▶ OUR NETWORKS

▶ WE'RE READY TO SUPPORT AND DEVELOP YOU TOWARDS OUR CAREER GOALS

[Full details here](#)

APPRENTICESHIPS DETAILS

▶ APPRENTICESHIPS AT MBDA

▶ OUR LEVEL 3 APPRENTICESHIPS

▶ OUR HIGHER APPRENTICESHIPS

▶ OUR DEGREE APPRENTICESHIPS

▶ WORK EXPERIENCE

WHERE TO GO NEXT

VISIT CAREERS PAGE ➔



Meet more employers:
amazingapprenticeships.com/meet-the-employer

PARENT QUESTIONS ANSWERED: LIFE AFTER SCHOOL

Following our recent webinar on life after school, we were struck by the sheer volume of questions we received from parents. It is clear that families are looking for more support than ever when it comes to navigating the transition from school to the professional world, and that this preparation must begin while students are still in the classroom.

To help you support your parent community, we have produced a new report: 'The Ultimate Parents' Guide to Life After School'. This resource provides families with insights and practical takeaways to help their children make informed career decisions.



[view report here](#)

The report offers families a comprehensive look at the professional world today, featuring:

- ✓ The options and pathways available to students
- ✓ The rise of AI and advanced technology
- ✓ How to engaged in career-focused conversations with your child
- ✓ Advice from our network of industry professionals
- ✓ Top tips for parents & carers

INVESTIN

Parents play a vital role in helping students transition to life after school, as 70% of young people turn to their parents or carers first for career advice.

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WORK EXPERIENCE REMINDER

Year 10 students should be actively contacting/asking employers in person if they can offer them work experience...

Well done to those of you who have already obtained a placement and started the process on Unifrog. Others need to be braver and physically go in to work places and ask if they offer work experience. It's a good idea to practice what you want to say beforehand and have your contact details to hand. Conversing with complete strangers is a scary prospect but the Alumni event has proved that you are able to do this and it will be an expectation in the real world to source your own work and make it happen. You'll be surprised at just how easy it is once you begin the conversation.

The PowerPoint shown to students is here.

Please can I encourage you to read through this PowerPoint as it is imperative that the placement and employer details, once sourced, are uploaded to Unifrog by students/parents/carers. There is also a parent/carer page which you have to complete. Failure to complete these sections will mean that students cannot go out due to safeguarding reasons.



Students must source their own placement and the **deadline for this is Monday 1st June (straight after half term).**

Emails will be sent throughout the process and we will support you where required. Please be sure to read all correspondence sent and Careerfile where all information can also be found.

Can I also take this opportunity to thank you in advance for your support in ensuring that your child finds a placement. This is a fantastic opportunity for students to shine and gain the experience that can be added to their CV which will serve to enhance their future prospects.

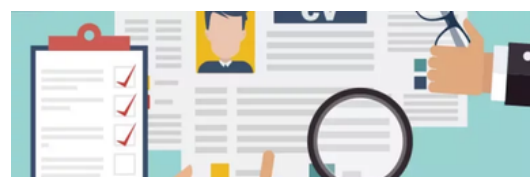
- 1 On the Placements tool, click 'Add new placement' to access the 'Student initial form'
- 2 Confirm that you've agreed your placement with your employer, and fill in the details
 - Your Placement start and end dates **must** be **13th-17th July 2026**
 - Your Placement coordinator is **Ms Charter (Admin/Office Manager)**
- 3 If any part of your placement is in-person, select 'Yes, it's all part or in-person'
- 4 Complete the rest of the form and double-check every detail!

**HOW DO YOU
FILL IN THE
PLACEMENT
FORM?**

We can support you, but it's your responsibility to find a placement!

TOP TIP

Pick up the phone or visit in person. Use the opening line, 'Hi, I'm just wondering if you offer work experience?' Be prepared to give then your school email address, your mobile no and the WEX dates in case they need to get back to you.



**This video will show you
how to complete your form**



Question?

Unifrog has a guide for it

Click the link below or scan the QR to access the placement guides. They cover how to find a placement, how to make it go well, and loads more!
www.unifrog.org/placement/guides



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UNIFROG VIRTUAL WORK EXPERIENCE

**VIRTUAL
WORK
EXPERIENCE
WEEK IS BACK!
FROM
29TH JUNE
TO
3RD JULY**


VWEX
VIRTUAL WORK EXPERIENCE
JUNE 29TH - JULY 3RD 2026

Learn what career opportunities each employer has to offer

Keep an open mind and try something new

Boost your CV with a certificate when you're done





You can gain all these employability skills

Sign up to as many days as you like **here**



JUNE 29 

Problem solving Planning Numeracy

Year 10-12 students will get a taster of a diverse range of sectors and careers hosted by a different employer each day with a mix of live sessions and workplace tasks.

From designing a menu fit for a king with Sodexo to building a brand identity for their own business idea with HubSpot, students are welcome to sign up to as many days as they like.

JUNE 30 

Observation Caring Resilience

JULY 1 

Critical thinking Caring Attention to detail / Observation

JULY 2 

Problem solving Communication Creativity / Innovation

JULY 3 

Critical thinking Communication Working under pressure

UNIFROG UNIVERSITY FAIR



Join live sessions and chat directly with over 30 universities worldwide





sign up here

GLOBAL UNIVERSITY FAIR

Wednesday 3 June, 3pm - 5:30pm

The fair to help you choose where to study, including universities from the Americas, UK, Asia, and Europe

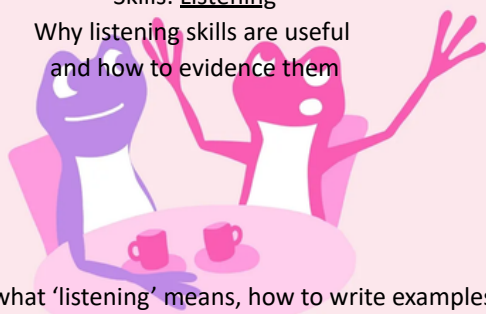
UNIFROG STUDENT GUIDES

Unifrog have 50 new guides for students who could benefit from content that has been specifically written and formatted **with accessibility in mind**.

Based on conversations with some of our SEND school partners, we've created guides for practical topics that students most want help with. This includes understanding and developing skills, volunteering, applying for jobs and work experience, and accessing support for disabilities at university.

Skills: Listening

Why listening skills are useful and how to evidence them



Find out what 'listening' means, how to write examples of it, and how to use your examples in applications.

CLICK HERE TO INTERACT

At a glance

- Listening is about **hearing** what someone says and **making sense** of what it means.
- Being a good listener can help you do well in **university**, at **work**, and in **interviews**.
- Use Unifrog's Skills tool to write down **examples** of your listening skills. Then, use these in your **applications**.

EMPLOYER OF THE WEEK

A **unifrog** series
SPOTLIGHT ON

Scan to learn more & connect with this employer
Just make sure you're signed into Unifrog first!

Bright Horizons™
A leading early years and childcare provider

Who?
We look after over 30,000 children aged from **three-months to five-years** old at our centres across the UK.

We also have our own charity called '**Foundation for Children**' which **creates 'Bright Spaces'** in communities across the UK. These are places where **vulnerable children can play, relax, and receive the support** that they need.

How?
 Level 3 Apprenticeship

Graduate programme

What sort of careers can I access?
Early years practitioners - specialists in early childhood development. They're responsible for behaviour, safety, and learning.

Nursery assistants - help babies and children develop and learn in a safe and supportive environment.

Where?

- **Offices in Northampton, Manchester, and London**
- **Over 300 nurseries and preschools around UK**

Do they offer work experience?

Applications open:
Throughout the year

MEDIC MENTOR

Real Students. Real Journeys. Honest Reviews.

Pursuing your dream of becoming a doctor may feel overwhelming, but remember that countless successful doctors have faced similar challenges and doubts. Believe in yourself and your abilities, focusing on your strengths and passion for medicine. Medic Mentor and its community of supportive students and mentors are here to guide you. Embrace the journey, knowing that success comes from resilience and learning from setbacks. Trust in your intelligence, drive, and passion, taking it one step at a time and seeking support when needed. Never lose sight of your dreams, for you have what it takes to achieve them.

The Medic Mentor website has numerous videos of med students sharing their journey. Sachi is at Imperial College, in their 3rd Year. Click [here](#) for Sachi's story.



Real Students. Real Journeys. Honest Reviews.

Pursuing your dream of becoming a dentist may feel overwhelming, but remember that countless successful dentists have faced similar challenges and doubts. Believe in yourself and your abilities, focusing on your strengths and passion for dentistry. Dental Mentor and its community of supportive students and mentors are here to guide you. Embrace the journey, knowing that success comes from resilience and learning from setbacks. Trust in your intelligence, drive, and passion, taking it one step at a time and seeking support when needed. Never lose sight of your dreams, for you have what it takes to achieve them.

The Medic Mentor website has numerous videos of med students sharing their journey. Jess is at Bristol University. Click [here](#) for Jess' story.



FIND YOUR IDEAL NHS CAREER

Take our careers quiz

Let's find your health career

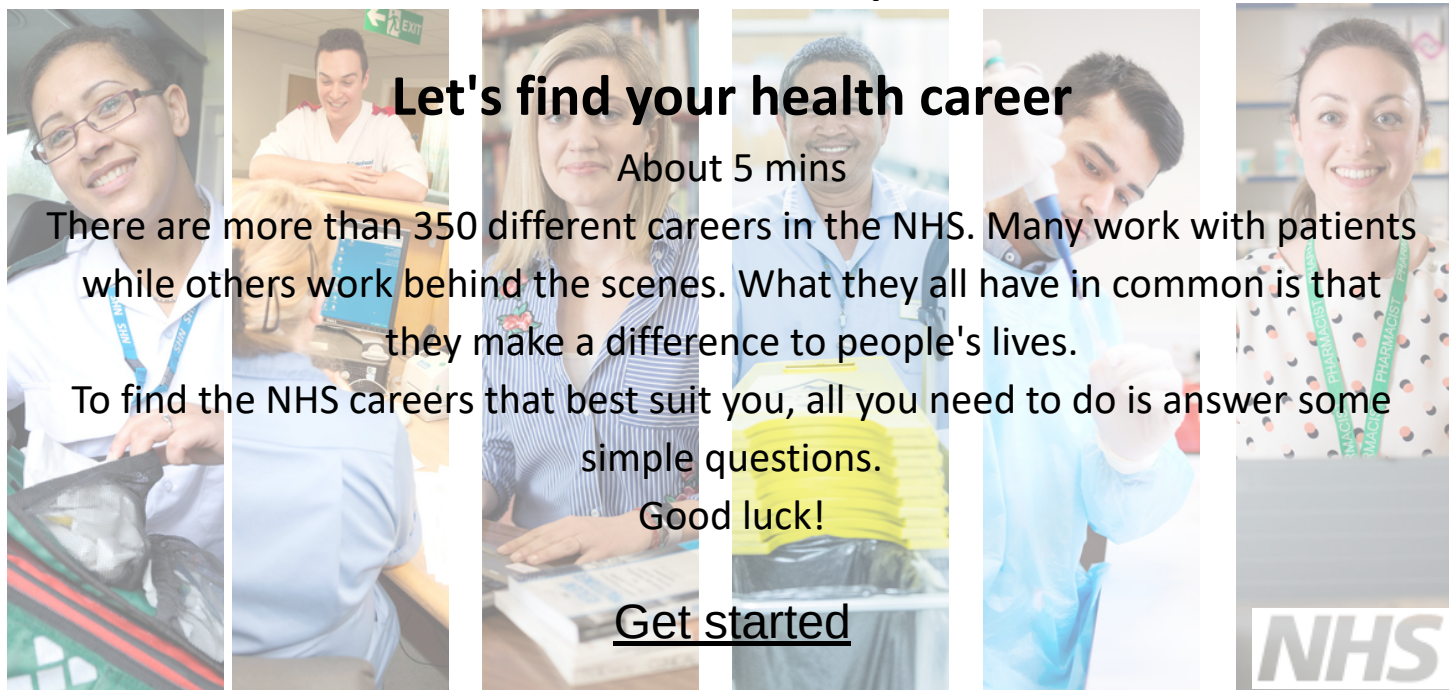
About 5 mins

There are more than 350 different careers in the NHS. Many work with patients while others work behind the scenes. What they all have in common is that they make a difference to people's lives.

To find the NHS careers that best suit you, all you need to do is answer some simple questions.

Good luck!

[Get started](#)



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SERVICES FOR YOUNG PEOPLE

Jo Bains, our Services for Young People Advisor, is allocated a number of days across the academic year to meet with our students to ensure they are prepared for their next steps. She focuses on Year 11 students, but is available to see any student who wants advice, during the drop-in sessions offered. Now that Year 11 have finished, we will be giving appointments to Year 10 students to give them a head start.



From a parent of a student following a personal careers guidance interview with a Personal Advisor

"Thank you for spending time advising my daughter about her A-levels, future design careers etc, today! She found it really helpful."

Services for
Young People

SUBJECT OF THE MONTH - MAY

 Note down at least one thing you think you know about these subjects.

Food and beverage



studies

YR 7

1. What skills do you need to study this subject?
2. What activities or hobbies do you enjoy that could relate to this subject?
3. Which school subjects could help to prepare you to study this degree?
4. What else would you like to know about this subject? Where could you find this information?

Marketing



YR 9

1. What hobbies relate to this subject?
2. What skills do you have that you think could be useful for this subject?
3. What other subjects might prepare you well for this degree?
4. If you wanted to study this subject, what else could you do to prepare?

German studies



YR 11

1. What sorts of careers could this subject lead to?
2. Why is being open-minded important when studying this subject?
3. Other than German, which GCSE (or equivalent) subjects could help someone to prepare for this degree? What else would you like to know about this subject? Where could you find this information?

YR 8

Geography



1. How could this subject make a positive impact in the world?
2. How does this subject relate to things you like doing?
3. Other than geography, which school subjects are linked to this subject?
4. What hobbies or activities could you do to help you learn more about this subject?

YR 10

Celtic studies



1. What kinds of careers are available in this field, and what do they involve?
2. Are there any aspects of this subject that you think you'd excel in or struggle with?
3. How might your current school subjects help someone to prepare for this career in the future?
4. What else would you like to know about this subject? Where could you find this information?



Unifrog's 'Career of the Month' and 'Subject of the Month'! Students can log on to Unifrog and watch a video interview with a professional or university student and answer reflection questions.

YR 12

Law and legal studies



1. Where could studying this subject take you in the future?
2. If you could ask anything about this subject, what question would you ask?
3. What skills or knowledge from your school/college subjects are most relevant to this subject?
4. What challenges might come with this degree? How do these challenges affect your interest in pursuing this subject?

YR 13

Psychology



1. How could you network with professionals or students in this field to learn more about it?
2. Does this subject appeal to you? Why or why not?
3. How could the subjects you're studying now help you prepare for university study of this subject?
4. What are some of the progression opportunities after studying this subject?

KEY WORD/PHRASE OF THE FORTNIGHT

STEM/STEAM/STEAMED



AN EMPLOYMENT SECTOR VARIOUSLY DESCRIBED AS: SCIENCE, TECHNOLOGY, ENGINEERING & MATHS/SCIENCE, TECHNOLOGY, ENGINEERING, ART & MATHS/SCIENCE, TECHNOLOGY, ENGINEERING, ART, MATHS, ENTERPRISE & DESIGN.

OBSCURER / OBSOLETE JOB TITLES



tabernarius

Latin word for a retailer or shopkeeper. A taberna was originally a single roomed Roman shop located inside a big indoor market.

APPRENTICESHIP FAQs

Construction apprenticeships help you plan for a future with a solid foundation

Apprenticeships have long been recognised as valued routes of entry into the world of construction.

Traditional and specialist construction apprenticeships cover a range of occupations and trades, which can earn you great money in the UK. Construction is a multi-billion pound industry that deals with developing the underlying structure of anything, from a new build to the HS2 crossrail project.

Any questions please [contact us](#).



[Construction Apprenticeships](#)

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EXTERNAL OPPORTUNITIES



FREE LIVE **GET INTO MEDICINE**
VIRTUAL CONFERENCE

9:00AM - 1:30PM
6TH OF JUNE

Students are advised to check their school email accounts weekly, if not daily!

*Careers information and opportunities are sent regularly
and we wouldn't want them to miss the deadlines.
These are copied to parents/carers as well for reference.*

A few of these opportunities are listed here.



LLOYDS
BANKING GROUP

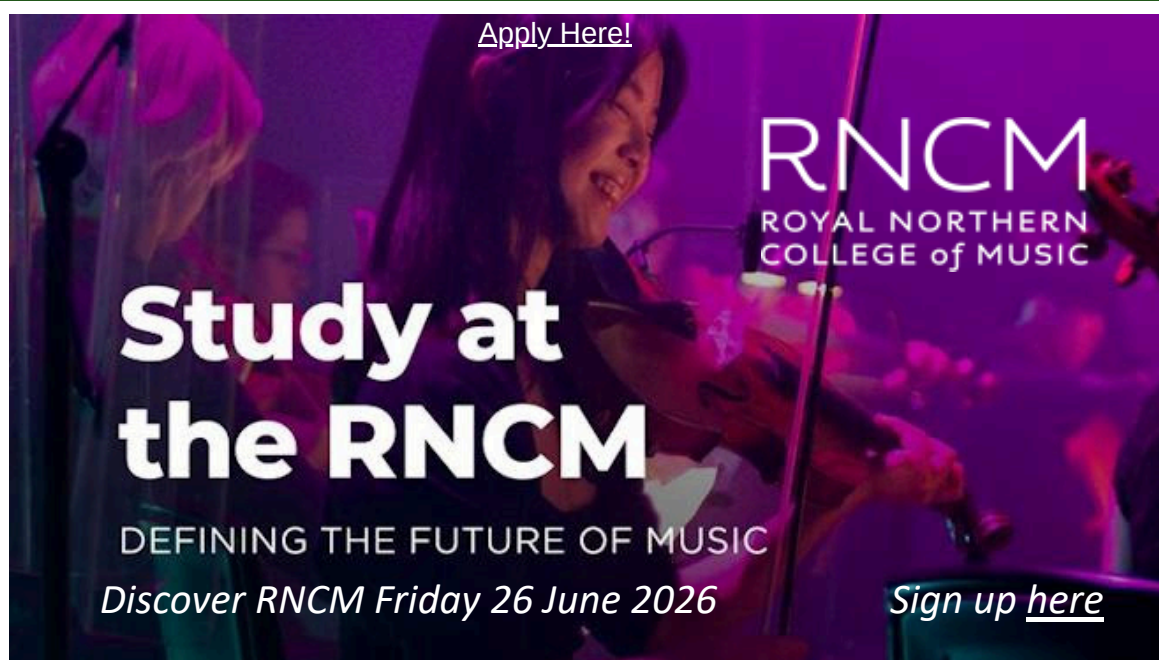
May Half Term Virtual Work Experience
Friday 29th May 2026 | 1pm - 3:45pm



BANK OF
SCOTLAND

*Join us for a fast-paced
afternoon of challenges,
real-world scenarios and
networking with professionals
from across the industry.*

[Apply Here!](#)



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ROYAL NORTHERN
COLLEGE of MUSIC

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DEFINING THE FUTURE OF MUSIC
Discover RNCM Friday 26 June 2026

Sign up [here](#)

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EXTERNAL OPPORTUNITIES



FUTURE SKILLS OPEN DAY






WEDNESDAY 27TH MAY

Are you interested in the learning more about what IWM has to offer young people?

Join our open day to learn more about the opportunities available.

Featuring:

- Gen-IWM Youth Volunteering
- IWM Young Producers
- IWM Apprenticeships
- Cambridge Regional College




GCSE AND A-LEVEL MAY MASTERCLASSES

MATT'S MATHS

MONDAY 25TH MAY
GCSE HIGHER GRADE 9 MASTERCLASS
9:30-11:30

TUESDAY 26TH MAY
A-LEVEL MATHS A* PURE MASTERCLASS
9:30-11:30

WEDNESDAY 27TH MAY
GCSE FOUNDATION GRADE 5 MASTERCLASS
9:30-11:30

THURSDAY 28TH MAY
A-LEVEL MATHS A* APPLIED MASTERCLASS
9:30-11:30

[SIGN UP HERE](#)

£3

- IDEAL FOR YEAR 10/11 OR YEAR 13 MATHS STUDENTS
- FULL WALKTHROUGH OF THE A SELECTION OF HAND-PICKED QUESTIONS TO GIVE STUDENTS THE BEST PREPARATION FOR THEIR UPCOMING EXAMS
- LEARN PROVEN EXAM TECHNIQUES AND MARK-SCORING STRATEGIES
- FULLY WORKED PDF SOLUTIONS PROVIDED AFTER THE SESSION
- ONLY £3 TO ATTEND
- SESSION WILL BE CONDUCTED THROUGH GOOGLE MEET






Girls into Electronics



1 July 2026

Discover Electronics on a one day course at a leading university.
A unique opportunity for girls aged 14-17.

- Hear from women who are working in the Electronics industry
- Attend a sample lecture, a department tour and meet current students
- Get hands-on with Electronics activities
- Find out about rewarding careers in the Electronics industry (green energy – artificial intelligence – healthcare – consumer electronics – autonomous & electrical vehicles)
- Invitation to apply for the Apple Mentoring Program

To sign up or find out more information:
ukesf.org/girls-into-electronics

SCAN ME! 

"This event was genuinely career altering... I can truly see myself having a career in Electronics/Engineering."
Girls into Electronics Participant 2025



BSC LEVELLING UP SUMMER SCHOOL WORKSHOP

A place for Year 12 female students to learn, grow, and be inspired!

2nd-3rd July 2026
FREE ENTRY
9am-4pm

Royal Holloway University,
Egham Campus

- ✓ AI and Machine Learning
- ✓ Creative Coding
- ✓ Cyber Security and Digital Forensics
- ✓ Data Science and Environmental Modelling
- ✓ Human Computer Interaction

To apply:
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EXTERNAL OPPORTUNITIES



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MARKETING & ADVERTISING	SPORTS MEDIA & EVENTS	MUSIC & AUDIO	GAMING & VFX	

APPLY NOW FOR SEPTEMBER 2026

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NOT A TRADITIONAL CLASSROOM

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CRE8 has been established at the heart of the thriving creative media industry; which is developing and expanding day by day to become a key driver of economic growth and success across the world.



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PROFESSIONAL SKILLS
Learn industry-ready skills employers are looking for

PORTFOLIO-BASED LEARNING
Build a portfolio that opens doors.

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Our qualification, the very first BTEC Level 3 qualification (equivalent to 3 A Levels) of its kind in the UK, offers students the opportunity to develop their technical creative media skills across social media, photography, videography, TV/film production, sound production, graphic/web design, digital editing/marketing and MORE.

The content provides the knowledge, skills and understanding to be successful in the creative media industry and prepare students to progress directly into full-time work or higher education.



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