



Headteacher's Message

Moving On...



▲ We are at that point in the year when we start to look forward to the next stage in our students' Fearnhill journey. At the end of next week we will be saying goodbye to our **Year 11 and 13** students as they move from GCSEs and A Levels to college, sixth form or university. They are both very special year groups, as they have dealt with remarkable challenges. They have kept focused on their exams during the past year despite the separation from their teachers and friends during lockdowns and we are extremely proud of them. **Year 9** will also be starting their **Year 10 GCSE** courses after half term, and of course we are preparing to welcome our **new Year 7** students with transition plans and an invitation to the **Fearnhill Summer School**. As I have mentioned in my Wednesday Update this week, we will also be saying goodbye next Friday to **Mr Baker**, our assistant headteacher for pastoral care. He has been a tower of strength (he is actually quite tall!) for all of us over the past four years and he will be sadly missed. We know he will stay in touch as he is not going too far away!

▲ This edition of Fearnfile carries a great deal of useful information for students about careers and support services with **Herts Services for Young People**, the **UK University and Apprenticeship Search on 26th May** and more. There are also reports from the geography department about **Year 7's microclimate investigation**



and their success at the **Herts for Learning Maths Challenge**. Our **Fearnhill Flyers** programme offers every student the chance to enter a competition linked to the forthcoming solar eclipse, and to sign up to **Trinity Talks**, taster days at **Balliol College, Oxford, UCL and Queen Mary College**. These will all help with making academic choices in school and university.

▲ Other attractions include Mrs Hunt's report on her stint as a judge on the **BookTrust's National Secondary School Library Pack Selection Panel**, how Fearnhill marked **Mental Health Week**, and the excitement of our first **theme day** in the **Fearnhill Food Hall**. Information about the **Year 11 prom** is inside and last but by no means least, you can enjoy some lovely photographs of our students exploring the school's amazing grounds as part of our involvement in the **Nature Friendly Schools** initiative. Wonderful!

Thank you as always for your support.

Liz Ellis
Headteacher

Half Term

Monday, 31st May to
Friday, 4th June

Inset Day

Monday, 5th July

Summer Term Ends for Students

Wednesday, 21st July

Careers Corner



Services for Young People

YC Hertfordshire is now known as 'Services for Young People'. They provide valuable support for the young people of Hertfordshire. Read on to find out what they are about:

Need advice?
Chat to us!

Services for Young People is part of Hertfordshire County Council and delivers youth work projects and programmes, information, advice, guidance, work-related learning, outdoor education and other services to young people in Hertfordshire.

Our Personal Advisers and Youth Workers are professionally trained to provide the highest level of support and work closely with partners to provide counselling, mentoring and access to other services.

We run a wide range of youth work projects across the county in which young people can get involved. Through these projects they meet new people, learn new skills and take part in challenging opportunities. They are encouraged to develop their personal and social skills by taking part in activities including sports, drama, dance, music, workshops, outdoor education, DofE, forums, residentials and volunteering.

We help young people with the issues which are important to them such as jobs, careers and education, relationships, sexual health, confidence, self-esteem, substance misuse, staying safe, housing and independent living skills.

Young people can get information, advice, guidance and support on a wide range of issues via phone and email. Youth Workers and Personal Advisers can help and work with young people one-to-one and in monitored online youth projects with other young people.

We can help with:

- Mental health and wellbeing
- Relationships, including family and friendships
- Sexual health, including contraception, STI testing, pregnancy testing and advice
- Education
- Jobs and careers
- Training and apprenticeships
- Benefits and finances
- Housing and homelessness
- Alcohol, drugs and substance misuse
- Improving resilience, self-esteem and confidence
- Developing independent living skills
- Having a voice in your community



Services for
Young People

Online group sessions

We are now delivering many of our youth work projects on line. Click on your district page on the left to see what groups you can join in your area.

How to get in touch

Please contact us by calling **0300 123 7538**, or via email at yc@hertfordshire.gov.uk or call your local team office.

Young people can also text '**SUPPORT**' with their name and age to the numbers below to speak to a trained youth worker about any support they need, or text '**CAREERS**' to arrange a chat with a personal adviser to talk through their future plans. Someone in the team will respond within three working days.

Please call **01438 843340**

or text **07860 065178**

if you live in: **Stevenage or North Herts**, which includes Hitchin, Baldock, Royston and Letchworth.

Visit your local
YC Hertfordshire
Access Point

Letchworth Garden City Access Point:
Letchworth Young People's Centre
Letchworth Town Hall
Broadway
Letchworth Garden City
SG8 3PP

if you want ...

- ✓ Someone you can talk things through with
- ✓ Someone who will listen to you in confidence
- ✓ Support with practical help

YC Hertfordshire Advisers are here for you

For opening times...
www.ychertfordshire.org
2019 - Advice and Support
YC Hertfordshire Access Point - Letchworth

Enabling young people to succeed

Services for
Young People

North Herts College Virtual Open Days

If you're thinking of studying with us, have already made an application or are a parent wanting to find out more, then our open events are ideal for you. We know things are a little different right now, but we still want to provide you with an opportunity to make an informed choice. Our series of events will take you on a tour of our range of courses, you will hear from tutors about our full-time offer, the skills you will develop, the employment opportunities open to you on completion of the course and, ask those all-important questions.

Please check back on the website for further info on these events, including how they will be delivered and how to book:

<https://www.nhc.ac.uk/openevents>

FUTURE OPEN EVENTS



We have more events taking place throughout 2021.
Tuesday 22nd – Thursday 24th June

Thinking of Studying Engineering at Uni?

Want to get an MEng in Integrated Engineering which provides all the tools you need to be a work-ready engineer in just 3 years

Join us on 27th May for an introduction to NMITE and to learn about our £4,000 bursary to help towards your studies!

This is the future of engineering. Inclusive, creative, passionate. A totally new way of learning.

BE PART OF IT
NMITE.AC.UK

To find out more click [here](#)

Year 12 UCAS Applications

UCAS Applications

Five Top Tips for the UCAS Personal Statement

Uncare where to begin your personal statement? Here are the five ingredients you need to include to cook up a great first draft. You'll get plenty of advice from all sorts of people, but these pointers are universal. If you tick them all off, you'll have something that's in excellent shape for your teachers and tutors to help you polish.

- Make it Personal**
A student's personal statement is a window into their past, their present and their future. It should be a personal statement, not a list of achievements. Write about what you've done, not just what you've achieved. If you can, include your work in the creative arts with examples of projects and your learning beyond the classroom. Don't list all the things you've done.
- The Pareto Principle**
This is the 80/20 rule for the 20th century and applies to the best personal statements. Really, admissions tutors don't read your personal statement into university, so work on the 20% of your statement that will make the most impact. Make sure it's clear that you did it, and make sure it's clear that you did it.
- What Have You Read?**
If you're applying for a subject in the arts (eg. English, History of Art, and other creative disciplines) admissions tutors want to know both what you've read and your thoughts about it. After all, a huge chunk of any A-level course involves reading. **Be clear** - do one word to read a paragraph. It's more important to include some key examples of interesting things you've read and your reflections on them than a lengthy reading list.
- What Have You Done?**
If you're applying for a technical subject (eg. engineering, law and medicine) admissions tutors want to know if you've done any work experience. It's a good way to demonstrate your skills. From the best draft advice you can get, your reflections on your work experience will make a difference to your personal statement. www.greatworkexperience.com has more advice on this.
- Put Your Teacher to Work!**
They might be your teacher or tutor, spend some time on your spelling, punctuation and grammar. It's not as if they're not helping to improve the content of your personal statement - and, contrary to popular opinion, they're very busy. **Top tip:** get a friend or family member to proof-read your personal statement before it goes to your teacher. Your teacher will think you're fit, and you'll get more meaningful feedback.

UCAS Application

Twenty Top Tips for the UCAS Application Form

Revised by your UCAS application form? Here are twenty top tips from UCAS experts across the country that you should remember as you're completing your application form. They're all pretty simple pointers, but you'd be surprised how many people forget them - and the really important ones for you or your school are in bold.

- Create an account to begin your application.**
- Write down your username and password.**
- Enter your birthday. It's important.**
- Remember to verify your email address.
- Navigate your application using the menu.
- Click the help boxes for hints and tips.**
- Check completed sections have a tick.
- Use the save button to save and return later.
- Select your reference number carefully.
- Select your student support code carefully.
- Answer the disability question if it applies.
- Open days aren't university preparation.
- Select your course codes very carefully.
- List every school you have been to since 11.
- Enter results for every exam you have taken.
- Add qualifications if you need to.
- Probably select the 'below honours' option.
- Work experience is not employment.
- Have your card details ready for payment.
- Make your progress with your school.

Year 10, Start Thinking Ahead!

As the Year 11s finalise their destinations for next year, they make way for Year 10 to start investigating their forthcoming opportunities. Yes – Year 10, you need to start considering what educational path you wish to pursue after Year 11 as you will be expected to continue your education/work and training until the age of 18.

Why not check out the Careers, Information & Guidance resources in the Careers Library to start you off.

Although the information in the boxes may look minimal, the contents inside direct you to the most up to date and user friendly careers information available.

Time flies – be prepared for your future...



Sky - Believe in Better

sky Summer Virtual Work Experiences
2nd June 2021

- Come behind the scenes at Sky and see what it's like to work at Europe's biggest entertainment brand
- Sky offers top quality shows, innovative tech, Must-have packages. With 24 million customers across six countries! Be part of it all!

- Career opportunities nationwide in: Business, Technology, Digital Marketing, Finance, Technical Engineering & Customer Services
- Open to all students 16 - 24

To secure your place this summer and have something great to add to your CV apply via the link provided!

<https://www.surveymonkey.co.uk/r/Sky-VWEX>

UK University & Apprenticeship Search Virtual Fairs

The next **UK University & Apprenticeship Search virtual fair** taking place on **Wednesday 26th May**.

Students can sign up and find out more here:

<https://ukunisearchsouth.vfairs.com>

Following the success of the virtual lockdown events, they are bringing their highly interactive fair back with a wide range of universities, colleges and apprenticeship providers joining us.

- Explore all your post-18 options in one place
- Huge range of exhibitors, colleges & apprenticeship providers
- Explore exhibition stands, live chat with admissions officers, student ambassadors, academics & recruitment teams
- View campus tours, prospectuses and information, and take part in 10 live and interactive webinars in the auditorium.

This event is free for students, teachers and parents.

These events are designed to make researching your post-18 options really engaging, there will be lots of interactive elements for you to explore virtually whilst at school or at home. The event is ideal for Year 12s to explore all the fantastic higher education and career options available, as well as being a fantastic way for Year 11s to gain motivation and inspiration. We also recommend attending if you are currently in Year 13, and undecided about your post-18 options. The event will allow you to consider the universities you can apply to during clearing or explore apprenticeships if you are looking to take that path.

FREE EVENT

UK university & apprenticeship search virtual fairs
Wednesday 26th May
12pm - 6pm
SOUTH

Universities, Colleges and Apprenticeships | 10 Live Webinars

Register here

<https://ukunisearchsouth.vfairs.com>

Exciting STEM opportunities

With **additional places now available** on the [Insight into University](#) course the application deadline has been extended until 31 May 2021! This is a unique course for Year 11 & 12 students, offering a flexible access to a specially developed STEM content designed by leading UK universities and global STEM companies.

INSIGHT INTO UNIVERSITY

Your students can apply on our website:-

<https://www.etrust.org.uk/insight-into-university>

Cost: £50 towards the cost of administration and the Industrial Cadets Silver award. Bursary places are available.



Also, our next [Routes into STEM](#) course for Year 9 & 10 students **starts in only 4 weeks!** Students to sign up ASAP, so they don't miss out to find out all the necessary information on different pathways: college and university and apprenticeship routes through industry.

The course cost is £60 towards the cost of administration and the Industrial Cadets Bronze award. Bursary places are available, please refer to the application form.

Next course dates:

20th May – 10th June 2021

15th July – 5th August 2021

If you have any further questions, click here: <https://www.etrust.org.uk/routes-into-stem-read-more>

for more info or please contact our team at studentrecruitment@etrust.org.uk or call on 01707 906106

Virtual
ROUTES INTO STEM
APPLY NOW

Helping young people make an informed choice on the right STEM pathway for them

Flexible study courses running in May and July 2021

Applications are still open for [Year in Industry Placements](#) 2021/22 – this is a fantastic way to test drive one's future career if unsure whether to continue into HE or go straight into employment and considers a paid gap year before an apprenticeship or studying a degree at university.

EDT Industrial Cadets

Year in Industry (YINI) Placements
Paid work placements for school leavers & undergraduates

PLACEMENTS IN: ENGINEERING • IT/COMPUTING • SCIENCE • BUSINESS • FINANCE

Our YINI opportunities enable young people to reinforce their skills whilst gaining an Industrial Cadets Platinum Level award, an industry recognised accreditation.

Why YINI?

- We build links between young people, educators and industry employers
- Apply your skills & knowledge in a real work environment
- We are experts in placing and supporting students
- We work with leading FTSE 100 companies to small innovative start-ups
- Support provided by a YINI mentor and access to skills workshops
- Accredited by Industrial Cadets at Platinum level

Register for free: www.etrust.org.uk/the-year-in-industry

[Click here.](#)

Ms Balchin
Head of Careers, Work Related Learning & PSHE

Humanities Department News

Year 7 Investigate Microclimates

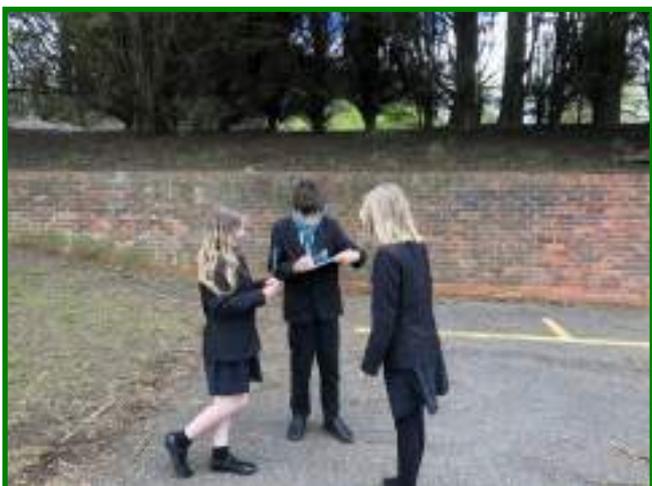
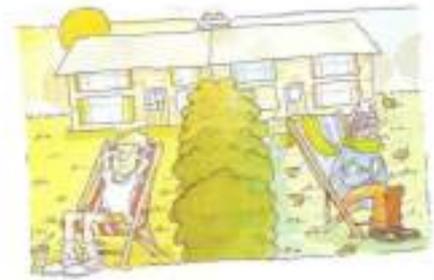
The Year 7 classes have been studying weather and climate over this past half term. One aspect of this topic is studying the idea of microclimates. A microclimate is a small area with a climate which is different to that of the surrounding area. This would be a shaded spot under trees or another side of a wall away from the wind.

It is vital that we equip our young geography students with the correct enquiry and fieldwork skills to go out and collect data, then return to the classroom and analyse and conclude using collected data.

The Year 7 students were given four locations around the school site of contrasting wind speeds and temperatures to collect and record data. They also then had to locate another area where the climate would be different. The students then returned to the classroom to present the collected data in graphs and analyse their data and conclude their results.

I am very pleased to say geographical enquiry skills were improved and a lot of fun was had exploring the different microclimates around the school site.

Why is the man on the left warmer than the man on the right?





Mr Fowler
Head of Humanities

Maths Department News

Year 7 Show Their Math's Skills

Fearnhill students recently entered the Herts for Learning Maths Challenge heats. This competition see students compete in teams across four rounds to solve problems, recall facts and work together as a group to find solutions. We are delighted to report that our Year 7 team finished 8th out of 24 entries with a final score of 181. Not only was this well above the average score, which was 158, the team qualified for Grand Final. This will see our students pitted against some of the best students in Hertfordshire so we wish them luck in the final, which will take place on Wednesday, 9th June.

Congratulations to the students who got to the final:

Poppy Austin

Dylan Griffiths

Michelle Kalra

Antoni Moryn



Year 8 competed in their heat on Wednesday, 19th May so we will let you know of how they got on in the next edition of Fearnfile!

Mr Philpot
Second in Maths

Read to Succeed

BookTrust Selection Panel Update

It's a wrap! Earlier this year my application to be one of just ten judges to sit on BookTrust's National Secondary School Library Pack Selection panel was successful. The School Library Pack is a reading for pleasure programme, providing 40 free books to mainstream schools in England with a Year 7 intake.



The process involved me reading 20 young adult books over the last two months. Although that volume appeared quite daunting to begin with, the thing about reading is, like exercise, it just makes you feel better, so it wasn't an onerous task at all. The panel met virtually last week, and after much lively discussion, we decided upon those books strong enough to make the cut.

The free pack will include fifteen titles, split across three categories – Future Classics, Reluctant Readers and Non-Fiction. There are five titles in each category. Five of these titles come with six copies as they are great for reading groups, making a total of 40 books. The pack is great for promoting sociable reading experiences and reading for pleasure.

The books are most suitable for students aged 11-14 and the pack is designed to be used flexibly. It includes a variety of formats, such as fiction, non-fiction, verse, graphic novels and accessible titles, to engage all students, no matter where they are on their reading journey. The pack is automatically sent out to all schools free of charge with no registration necessary.

I am sworn to secrecy as to the identity of the successfully shortlisted titles until the pack is sent out to schools in November/December 2021. However, I can tell you that there are some great tales in there along with colourful non-fiction and beautifully illustrated graphic novels. Stories which will stay with you for some time to come.



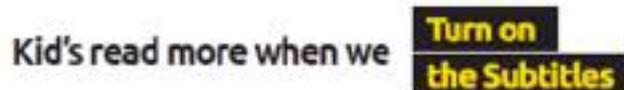
Don't Forget to Turn on the Subtitles!

If you turn on the subtitles when a child is watching TV, it can really help them learn to read.

Studies have shown that as little as 30 minutes a week can make a big difference.

Stephen Fry, Phillip Schofield and other celebrities are helping to spread the word about this brilliantly simple, free idea. Please help too by telling other parents!

For more information visit turnonthesubtitles.com



Follow us on Twitter [@FearnhillLib](https://twitter.com/FearnhillLib)



Email us at library@fearnhill.herts.sch.uk

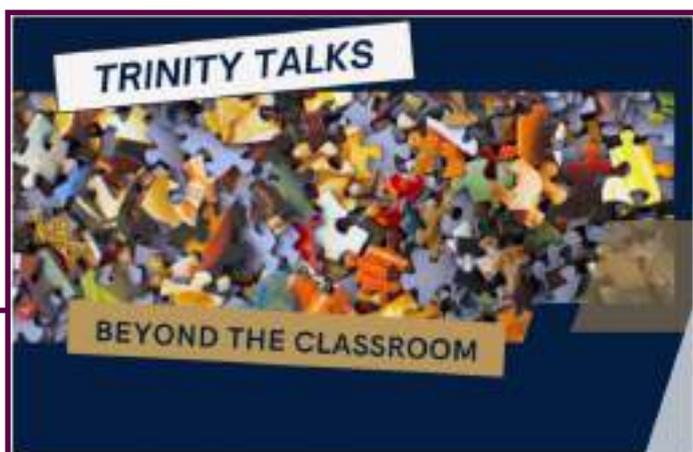


Mrs R Hunt
Head of Library

Fearnhill Flyers

In this edition:

We encourage you to sign up for the forthcoming **Trinity Talks** super curricular enrichment being offered to all students in Years 7-11; details of an exciting **competition**, open to all years, involving the **solar eclipse** on 10th June; information for Year 12 on how to book a **taster day at Balliol**; how all years can access help with preparing and making choices for their academic future from **UCL**; details on the new **Explore English** programme being offered by UCL for Year 10 students; and finally for Year 12 students, who identify as female, how to apply for a virtual event at **Queen Mary University School of Electronic Engineering and Computer Science**.



The **Trinity Talks** programme is well into its stride now, with the latest presentation on Linguistics being held last week.

If you missed it or want to catch it again, you can watch it on the Trinity College YouTube channel:

<https://www.youtube.com/watch?v=4mXB0iuT0Q&t=957s>.

It's a really fascinating talk about how language is fluid and changing all the time, and what new words come into use, like 'zombombing', 'doomscrolling', and 'social distancing'. Well worth watching if you are interested in languages, English or otherwise!

The schedule for the next few talks is below:

4pm 20th May—History—Ethnic identities through Roman Identity in the 10th century

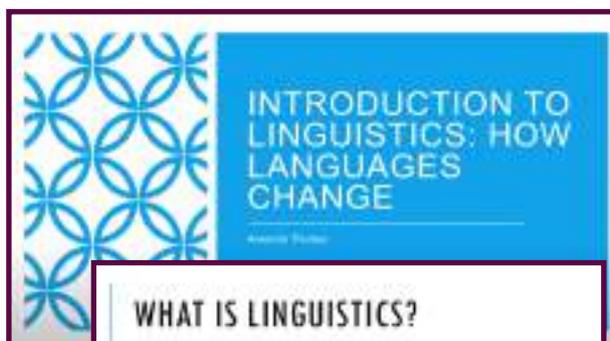
4pm 10th June—English—Fandom and Fictional Characters in late 18th and early 19th century theatre

4pm 24th June—Biology—Sequencing the human genome and modern assisted reproductive technologies

4pm 8th July—Chemistry—The future of plastics: Environmental challenges and everyday life

Just click here to register <https://oxford.onlinesurveys.ac.uk/trinity-talks-registration-form-3>

and you'll be sent the link to join shortly beforehand. Do let me know how you get on!



WHAT IS LINGUISTICS?

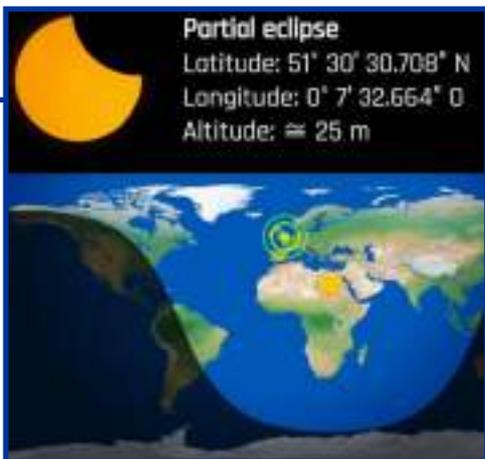
- Scientific study of language
- Describing and analysing different languages
- Finding patterns in data
- Lots of different types of data – and types of linguistics!



Spectrogram: a graph showing the amount of energy at different frequencies as a word is pronounced.

This is the English word 'tree'.
Dark patches = more energy.

All
Years



It's **competition time** again!

Did you know that there is going to be a **solar eclipse** on 10th June? Starting at 10.08am and finishing at 12.22pm, the sun will be partially blocked by the moon (sadly, you'll only get the full eclipse if you're in Russia, Greenland or Northern Canada —we'll get the best view at around 11.13am).

But... do you know why solar eclipses happen? What causes them,

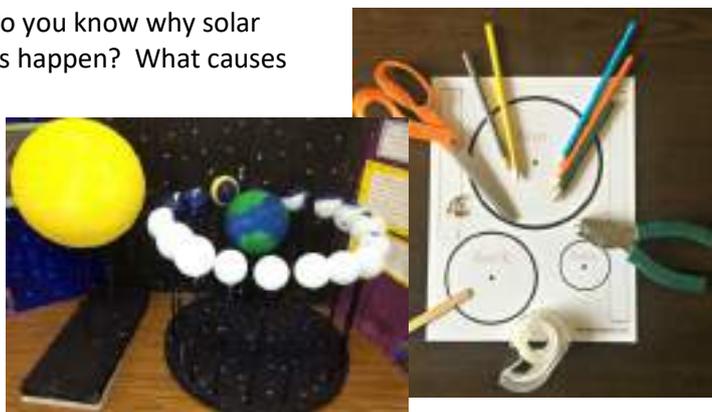
and how often do they occur? Why are they only fully visible from certain parts of the world and not others?

What you need to do: Get creative with your explanation—you could create a model, record a video, anything you like!

When you need to do it by: Submit your entry to Miss Corbishley by Friday 11th June.

What you will get: The best entries will be featured in Fearnfile and the top one will win a prize.

Please remember to be safe—never look directly at the sun with the naked eye as this could cause serious or permanent damage.



Year
12

A reminder to book your attendance on **taster days at Balliol College** (virtually this year, for obvious reasons).

The next sessions are open for registration now:

English Taster Day 1st June Click [here](#)

Biology Taster Day 3rd June, 1.30pm—4.30pm Click [here](#)

Medicine Taster Day 16th June, 1.15pm-4.30pm Click [here](#)

Please be aware that spaces get booked up quite quickly, so register ASAP to secure your place.

Keep a look out on your Fearnhill Flyers Google Classroom for more updates and opportunities at Balliol!



Do you have questions about your next steps in education, such as how to prepare for your GCSEs or your options after finishing Year 11?

Are you wondering whether university is an affordable option for you? Are you a parent or carer unsure about how best to support your young person in their education?

UCL Informed Futures is a series of FREE online events aimed at equipping secondary school students and their parents/carers with the knowledge and confidence to succeed in their next steps.

Details of the sessions are below.



Student Sessions

Topic	Target Year Groups	Session Date
Introduction to University	7 - 11	Tuesday 8th June 5pm - 6pm
Getting Ready for GCSE's	7 - 9	Tuesday 15th June 5pm - 6pm
Next Steps After Year 11	11	Tuesday 22nd June 5pm - 6pm
Study Skills	9 - 11	Tuesday 6th July 5pm - 6pm

Parent/Carer Session

Topic	Session Date
Supporting Your Young Person Towards University	Tuesday 13th July 5pm - 6.15pm

To apply for a place on one of the student sessions, click [here](#). For the parent/carers session, click [here](#).



Year
10

You may remember the UCL Scholars Programme that two of our Year 9 students attended earlier this year.

Well, UCL have just announced that applications are now open for **Year 10** students

to apply to their **Explore English** programme.

This summer school programme will take place virtually (all online) from **Tuesday 27th July to Friday 30th July 2021**.

The summer school has been created to give you the opportunity to explore university whilst preparing for your GCSE English. The programme combines a core module around 'Creative Writing under Pressure', alongside learning more about study skills, making important decisions for sixth form/college and life as a university student.

- Develop essential skills for creative writing questions
- Increase knowledge of diversity
- Develop key study skills for GCSE courses and exams
- Learn more about future pathways, including sixth form and college
- Improve confidence by working with other Year 10 students from across the country and a current UCL student

Students on the programme will also receive a free GCSE English Revision Guide and choose from a book list created by the UCL Explore Team which will be posted to you for free!

You'll be expected to complete around **3 hours of activities each day** on the programme. There won't be any live elements of the programme (apart the celebration event), so **you can plan and complete your work at any time** during each of the days.

If your application is successful, then you'll be one of only a few students from the whole of the UK attending - it really is a great programme so I do encourage you to apply!

Click [here](#) for more information and to register, or come and speak to Miss Corbishley about it.

Good luck!



There is a gender gap in the tech industry and **Queen Mary**

University are hoping to change that with their **Girls Into Tech** programme.

They would like to invite Year 12 students who identify as female to apply for the virtual event which will take place on **Wednesday 2nd June, 4.30pm—5.15pm**. This event will give you an overview of life as an undergraduate student in the School of Electronic Engineering and Computer Science, as well as experience of what it's like to be a woman in the tech industry. The event will give you the opportunity to:

- Attend a taster lecture with an academic
- Learn about what it's like to be a computer scientist
- Discover more about what it is to be an electronic engineer and how they are solving real-world problems such as developing more sustainable and cleaner energy
- Chat with current students

Click [here](#) to apply.

*Miss Corbishley
English Teacher*

Student Support Centre News

The Healing Power of Nature

Last week at Fearnhill we marked **Mental Health Week**, an annual event organised by the Mental Health Foundation. Each year a different theme is chosen and this year it was nature. During the past year, more than ever, people all over the world turned to nature as a coping strategy to get through the long months of the pandemic. Going for walks outside and noticing birds, trees, flowers, animals etc was vital for our mental health. The Mental Health Foundation says, '*Nature is our great untapped resource for a mentally healthy future*'. It also says, '*Teenagers in particular appear to be less connected with nature*' - one reason we were particularly keen to join in with the week this year.



During the week form times were dedicated to Mental Health Awareness Week. There was also a virtual assembly by Kooth and Mrs Burgess found something uplifting each day for us all to view. These links were posted daily to our Fearnhill School Day to Day Facebook page. If you missed the links here they are – just click on the link:

Monday

Information on why the theme of nature was chosen by the **Mental Health Foundation** and how to connect with nature together with selection of podcasts, blogs and videos about the week.

https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week?fbclid=IwAR10lcGVwt_pQyy3sPnhvI3AjQ-HQzEp



Tuesday

A video from the **Department of Health and Social Care** where Dr Amir Khan explains the science behind how nature can help improve mental health and how being in his garden helps to boost his mood.

<https://www.facebook.com/DHSCgovuk/videos/443835576867602>



Wednesday

A link to the **World Wide Fund for Nature** website who have partnered with the Mental Health Foundation to create a guide filled with tips and tools about how we can connect with nature.

<https://www.wwf.org.uk/5-ways-connect-nature-help-our-wellbeing?fbclid=IwAR36x1t0klzMTppp-b0VMs1n92YBBZgjVYSX2ryeEETTqTJnJdBfeZv9CMQ>



Thursday

A link to the NHS website, **Every Mind Matters** – which offers expert advice and practical tips to help us look after our mental health and wellbeing.

https://www.nhs.uk/every-mind-matters/?fbclid=IwAR255HWSTkBLV69zsgxcnEPtZeuvePIX2l_W35vf7Ks2X3MTaLOvzrvbrHk



Friday

Two beautiful, inspiring and thought provoking YouTube links.

The first, from Mind and Mentally Healthy Schools and features **David Attenborough** discussing ways in which nature has been shown to improve mental health.

<https://www.youtube.com/watch?v=h29z-l3XTIk>

The second, called **The Beauty of Earth** and features some of the many beautiful and natural aspects of our planet.

https://www.youtube.com/watch?v=Cl_kXbhTi8k



During the week, our Year 10 students were lucky enough to have Glen Russell deliver some **STILL Method** sessions to them. The STILL method is a unique methodical approach to supporting children and adults when dealing with anxiety. STILL Method sessions are even more fun when delivered outdoors in nature!

To coincide with the week Fearnhill has been fortunate enough to be accepted into the **Nature Friendly School (NFS)** national initiative (one of only two schools in North Herts). As a result, Charlotte Ball, an Environmental Education Officer, has been assigned to work with students and staff to review and develop our outdoor learning environment in order to increase student learning outdoors. Work has already begun to improve the site, with the pond area having a full make over, new path and seating areas. Thanks for this go to Mrs Burgess, Ms Brown and Mrs Brooks who spent long hours cutting down overgrowth and laying new paths!



The next phase is for us to consider and design plans for outdoor developments such as nature trails, an outdoor learning shelter and an outdoor classroom design. In order for us to achieve this Charlotte visited Fearnhill School on Wednesday this week and met with over thirty of our students. Mrs Burgess said,

'A pupil focus group took place involving over 30 students across Key Stage 3. Charlotte Ball from Nature Friendly Schools came in to discuss what students like and dislike about our grounds and what they would like to see. We then did an audit of the grounds looking at what we already have which encourages and provides homes for nature. The students were full of ideas and were passionate about the environment and nature. We are looking forward to seeing some of their ideas being put into place. Many thanks to everyone involved—Mr Baker, Mrs Tollervey, Mrs Fletcher and Mrs Mann and of course our wonderful students'.



Mr Baker, Assistant Headteacher & Mrs Burgess, Student Support Coordinator

Year 11 Celebrations

We have great pleasure in inviting all Year 11 students to their Prom on Friday 2nd July 7:15pm – 10:30pm.

This is a great opportunity for them to celebrate their time at Fearnhill School and mark the end of KS4 and the beginning of the next stage in their educational journey. This year group has been through a very challenging time and I would like to take this opportunity to thank and applaud them on the way they have conducted themselves and met the demands placed on them.

As the nation continues to move out of lockdown, it has been difficult to plan a prom in a public venue with challenges around availability, safety and cost. Therefore, this year we have decided to hold the prom at Fearnhill School. This will enable us to have greater control of the event and manage costs. We will ensure safety measures are in place according to government guidance at the time, and will keep our plans under review. All of this does depend on the government lifting all restrictions as planned on 21st June. A final decision will be made on Wednesday 23rd June and if the event has to be cancelled, the full ticket cost will be refunded.

The cost of the evening will be £20. Payment can only be made online via Schoolgateway. The price of the ticket covers the cost of a DJ, decorations, soft drinks, a light buffet, photographer and a mirror booth for the evening.

Please contact the finance office if you have any questions about payment by this method. If you have any concerns about payment, please contact either Mrs Rainbow or Ms Brown (Pastoral) to discuss in confidence. The deadline for payment is Friday 11th June.

Further details regarding the evening will be provided at a later date. If you have any questions in the meantime please contact Ms Brown via the pastoral office.



Mr Wakeling, Head of KS4 and Ms Brown, Pastoral Care Coordinator for KS4

Cooks Corner

Last week our catering staff were delighted to be able to offer our students (and staff!) one of their special themed lunches in the Food Hall. In normal times, these are regular much loved events and always hugely popular with the students and staff so this one was especially important as there had not been one for well over a year!

The theme was America and the menu included burgers, quorn hot dogs, savoury wedges, Boston beans, corn on the cob with chocolate brownies, doughnuts and fruit for pudding. The Food Hall looked spectacular, decorated with bunting, balloons and flags. Even our lovely cooks dressed up! Thank you to them for all their hard work and enthusiasm.

We can't wait for our next themed menu, Paradise Menu on Friday, 18th June. Be sure to remind your daughters and sons to take part.



Fearnhill Food Hall

Paradise Menu

Friday 18th June

Fish & Chips
Sausage & Chips

Mushy Peas/Garden Peas
Pickled Gherkins

Vanilla Ice Cream
Strawberries & Cream

£2.40

FEARNHILL SCHOOLS



Mrs Price
Catering Manager

You can see Mrs Burgess for more information about Fire Cadets or email them direct on the address in the advert below.

Hertfordshire Fire and Rescue Service

What is the National Fire Cadets Scheme?

- Fire Cadets is a nationally recognised educational programme open to young people aged from 14 to 17 years old
- it supports young people to make a positive contribution to society
- it provides an opportunity to learn about, engage with and experience the fire and rescue service
- it enables young people to gain skills, knowledge and positive experiences in a fun, safe and secure environment
- it supports young people to develop life skills, increase confidence and raise self-esteem
- it inspires young people to make positive life choices for their future



Hertfordshire Fire and Rescue Service
Working to protect.
Acting to save.
www.hertfordshire.gov.uk/fire



Fire Cadets

A nationally recognised educational programme open to young people aged from 14 to 17 years old

If you have what it takes why not join us as a fire cadet or if you are over the age of 18 as a volunteer cadet instructor

For more information please email:

HFRS.Youth@hertfordshire.gov.uk



As a Fire Cadet, what will I do?

As a fire cadet you will be treated as a young firefighter. You will be given your own uniform and will be expected to attend a weekly drill night that lasts 2 hours.

Here you will learn many of the skills of a firefighter and work towards some awards while having fun and making new friends. You will be expected to show a certain amount of discipline and commitment, just like a firefighter.

How often do Fire Cadets meet?

Once a week for 2 hours.

How much does it cost?

It is free.

What will I get out of it?

Fire Cadets will provide you with many skills, including:

- Working as part of a team
- problem solving and communication
- life skills
- Confidence building

Fire cadets also have the opportunity to gain many awards and qualifications like:

- Cadet Firefighter Award
- Duke of Edinburgh
- First Aid
- Young Leaders in Action

Where do Fire Cadets meet?

We have 5 cadet units in Hertfordshire, you will join one of these:

- Royston
- Stevenage
- Cheshunt
- St Albans
- Watford



Who runs the Fire Cadets?

Whilst many of our instructors are firefighters, a large number come from a wide variety of diverse backgrounds.

Our team are all specifically recruited Fire Cadet Instructors.

You may also get an opportunity to stay on with a cadet unit and become a Junior Instructor, with the further opportunity to become a Volunteer Cadet Instructor after the age of 18 years old





Student of the Week

W/e Friday 7th May

Student of the Week

 Emily 8H &
Dylan 7H
13 points

Form of the Week
8N – 204 points

 **House of the Week** 
Neville – 372 Points

Staff Member of the Week
Miss Cotter – 172
(2nd in Science)

W/e Friday 14th May

Student of the Week

 Taylor 8N
– 16 points

Form of the Week
8N – 196 points

 **House of the Week** 
Neville – 379 Points

Staff Member of the Week
Miss Cotter – 198 points
(2nd in Science)

Thought of the Month - May

