



FEARNHILL  
SCHOOL

**Year 7**

**Super Curriculum**

## The Fearnhill School Super Curriculum

The super curriculum at Fearnhill is designed to give you something extra outside of the learning you do in the classroom to:

- build your independence as a curious thinker,
- fire your passion for your favourite subjects,
- and broaden your knowledge of the wider world.

In this booklet, you will find a range of challenges for each subject for you to complete in your own time. They can be done in any order you like.

There are three challenges per subject divided into three levels of difficulty and effort: 'Figuring It Out' (easiest), 'Freewheeling' (more challenging), and 'Flying' (most challenging).

As you complete the challenges, you'll be given reward points, and if you complete all the 'Flying' challenges in any subject, you will be put forward to join our Fearnhill Flyers programme. Just show your teacher (or Miss Corbishley) evidence of what you've done!

So whether you are developing an art sketchbook, learning to play a musical instrument, vying to be captain of a sports team, or developing code breaking skills, I hope these challenges will inspire you to think about your own development as a learner.

Please do discuss these challenges with your friends and family – there are no rules saying you have to complete them on your own.

I hope you find these enjoyable, and wish you luck!

Yours, Miss Corbishley.

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## Art

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	<p>Practise using the formal elements of Art. Get involved with 'The Big Draw'.</p> <p><a href="https://thebigdraw.org/30-day-drawing-challenge">https://thebigdraw.org/30-day-drawing-challenge</a></p>	<p>Record your drawing challenge in a small sketchbook and make a drawing/sketch/g/collage every day for a month. This could be anything from a quick 5-minute study to a one hour masterpiece. Show your art teacher your artwork.</p>	<p>Present your challenge as an annotated journal and share it through Fearnfile and the school's social media pages with the hashtags #thebigdraw #drawingchangeslives</p>
<b>Challenge 2</b>	<p>Make a collection of examples of artwork and images that you find inspiring and record them in the back of your sketchbook. Refer to them in your work.</p>	<p>Make your own sketchbook using many different kinds of paper. There are lots of tutorials online that show different ways of doing this, but the one below works well:</p> <p><a href="https://www.craftsy.com/papercrafts/article/how-to-make-a-diysketchbook/">https://www.craftsy.com/papercrafts/article/how-to-make-a-diysketchbook/</a></p>	<p>Visit the Natural History Museum at Tring and have a look at the collection of animals and insects in cases. Take a small sketchbook and make sketches as you go around.</p> <p><a href="http://www.nhm.ac.uk/visit/tring.html">http://www.nhm.ac.uk/visit/tring.html</a></p>
<b>Challenge 3</b>	<p>Visit the Google Cultural Institute Art Project website. This is an ongoing project where you will be able to see every piece of art work in the world:</p> <p><a href="https://www.google.com/culturalinstitute/beta/partner?hl=en">https://www.google.com/culturalinstitute/beta/partner?hl=en</a></p>	<p>Visit the Tate Britain to give you an insight into the history of British art. Watch extracts from the series:</p> <p><a href="https://www.tate.org.uk/contextcomment/video/meet-500-yearsbritish-art#open285623">https://www.tate.org.uk/contextcomment/video/meet-500-yearsbritish-art#open285623</a></p>	<p>Join Art Club and offer to lead a session. Encourage your peers to come along and try a new technique.</p>

## Computing

	<b>Figuring It Out (2 reward points each)</b>	<b>Freewheeling (5 reward points each)</b>	<b>Flying (10 reward points each)</b>
<b>Challenge 1</b>	Learn about Alan Turing and his code breaking computer.	Try these simple codes at home:  <a href="https://rediscoveredfamilies.com/secret-codes-for-kids/">https://rediscoveredfamilies.com/secret-codes-for-kids/</a>	Attend the computing club.
<b>Challenge 2</b>	Create a poster showing everything you know about place value in mathematics; it might not seem to link but it makes more sense when we look at Binary.	Try the place value exam style questions:  <a href="https://corbettmaths.com/wp-content/uploads/2013/02/place-value-pdf.pdf">https://corbettmaths.com/wp-content/uploads/2013/02/place-value-pdf.pdf</a>	Research different systems. This might be binary or hexadecimal systems.
<b>Challenge 3</b>	Carry out some research to find out about some unusual careers with the tech and Compute Science industry. Digital locksmith? Drone operator? Professional hacker?	Write a short essay debating the following question - Will computer assisted education replace the need for teachers in the future?	Try to create a video or activity that might go some way to replacing the need for a teacher for a topic in your favourite subject.

## Design Technology

	<b>Figuring It Out (2 reward points each)</b>	<b>Freewheeling (5 reward points each)</b>	<b>Flying (10 reward points each)</b>
<b>Challenge 1</b>	<p>Watch the Blue Planet series and make notes on how they filmed the series.</p> <p><a href="http://www.bbc.co.uk/iplayer">www.bbc.co.uk/iplayer</a></p>	<p>Visit the Natural History museum .</p> <p><a href="http://www.nhm.ac.uk/">http://www.nhm.ac.uk/</a></p>	<p>Visit the Design museum, write an essay on an exhibit that you find interesting.</p> <p><a href="https://designmuseum.org">https://designmuseum.org</a></p>
<b>Challenge 2</b>	<p>Find out who designed and manufactured your favourite product, e.g. iPhone, X box, PS4.</p>	<p>Visit the Science museum; find an interactive exhibition that uses new technology.</p> <p><a href="https://www.sciencemuseum.org.uk/">https://www.sciencemuseum.org.uk/</a></p>	<p>Create an A3 presentation on a chosen designer, e.g. Charles Rennie Macintosh</p>
<b>Challenge 3</b>	<p>Watch a 'how it's made' video on YouTube.</p> <p><a href="https://www.youtube.com/channel/UCElt4nocnWDEnYJmov4zqyA">https://www.youtube.com/channel/UCElt4nocnWDEnYJmov4zqyA</a></p>	<p>Download Fusion 360, it is free.</p> <p><a href="https://www.autodesk.co.uk/products/fusion-360/students-teachers-educators">https://www.autodesk.co.uk/products/fusion-360/students-teachers-educators</a></p> <p>Choose a tutorial by Lars Christiansen and complete the activity.</p>	<p>Visit a local landmark. Find out about how and when it was made. Who was the designer?</p>

## Drama

	<b>Figuring It Out (2 reward points each)</b>	<b>Freewheeling (5 reward points each)</b>	<b>Flying (10 reward points each)</b>
<b>Challenge 1</b>	<p>Watch some live Theatre and make a note of the actor's use of Voice, Eyes, facial expression and movement and write a comparison to what you know a Greek presentation would look like.</p> <p>Read a Myth from another culture and summarise it in 10 sentences.</p>	<p>Make a display of all the key words in Greek theatre that explains the key elements of this style.</p> <p>Chose a theatre Style form a different culture and write an information leaflet on it - with pictures suitable for a year 7 student.</p>	<p>Write a short play script based on A Greek or other culture myth. All stage directions that help an actor play the roles.</p> <p>Write a lesson plan where you introduce theatre form another Culture.</p>
<b>Challenge 2</b>	<p>Read at least 2 plays from the library.</p> <p>Read at least 3 fictional books from the library (since September).</p>	<p>Act out a key scene from a play that you have read.</p> <p>Write a short play based on your experience of starting a new secondary school.</p>	<p>Give a presentation about your favourite play to your class.</p> <p>Watch a live performance and write a review of it in 250 words.</p>
<b>Challenge 3</b>	<p>Find 3 different stimuli that could act as a starting point for a piece of Drama.</p> <p>Create a storyboard of an idea for Drama based on the title "The Unexpected Guest"</p>	<p>Chose a stimulus and create a storyboard of ideas that demonstrate the creative ways you could create drama.</p> <p>Write a short play script for people based on the word "Refugee"</p>	<p>Write a lesson plan where you introduce a chosen stimulus to your tutor group.</p> <p>Direct a group of students in a short improvised play entitled "Home sweet Home"</p>

## English

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	<p>Watch Harry Baker perform his poem about maths and Caleb Femi perform his poem ('Fam'). You will need to scroll to the bottom of the page for the second video.</p> <p><a href="https://www.englishandmedia.co.uk/video-clips/ks3-poetry-plus-say-it-out-loud">https://www.englishandmedia.co.uk/video-clips/ks3-poetry-plus-say-it-out-loud</a></p>	<p>Illustrate your favourite poem in a dynamic and interesting way.</p>	<p>Write your own poem about a topic that you are passionate about. Share with 2 friends or family members and record their feedback.</p>
<b>Challenge 2</b>	<p>Read three 500-word stories that were placed in the top 50 in Radio 2s competition. For each one, explain why you think it is effective (bullet points).</p> <p><a href="https://www.bbc.co.uk/programmes/articles/43jry47zvF7j8pctzXjIQCY/top-50-stories-2018-age-10-to-13">https://www.bbc.co.uk/programmes/articles/43jry47zvF7j8pctzXjIQCY/top-50-stories-2018-age-10-to-13</a></p>	<p>Write your own 500 word story and share with 2 of your friends, recording their feedback.</p>	<p>Edit your story and enter the Radio 2 competition. Make sure that you share your story with your English teacher too!</p>
<b>Challenge 3</b>	<p>Read 'War Horse' by Michael Morpurgo.</p>	<p>Write a diary entry from the perspective of someone fighting in the trenches during the First World War.</p>	<p>Research war poets in more detail, reading poetry from different wars and making a poster to show your findings.</p> <p><a href="https://www.poetryfoundation.org/">https://www.poetryfoundation.org/</a></p>



## Food Technology

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Research this question: How is flour produced?	Make a product using the 'rubbing in' method.	Visit a mill to see flour being produced.
<b>Challenge 2</b>	Research this question: How is milk produced?	Make a milk-based sauce.	Visit a dairy to see cows being milked and the milk being pasteurised.
<b>Challenge 3</b>	Identify 2 fruits and vegetables which are in season in the UK during winter, spring, summer and autumn.	Visit a farm and discover how food is sourced and when it is in season.	Make a product of your choice using seasonal ingredients.

## Geography

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Complete all the quizzes and games on OS map zone.	Map the 10 highest populated cities in UK and 10 longest rivers on a blank map of UK.	Gain evidence to assess whether Letchworth is a high order or low order settlement.
<b>Challenge 2</b>	Learn the names of all the countries in Europe.	Investigate 3 different UK cities and assess the reason for their site.	Help improve the school environment by turning off lights, reminding teachers to turn off projectors and putting rubbish in bins.
<b>Challenge 3</b>	Visit google maps and map your walk to school and calculate walking distance.	Look at the weather for 5 different places globally (hot, cold, dry, wet, all). What patterns do you see?	Create your own rain gauge (see NFR) keep a weather diary (temperature - smart phone app and rainfall) over a week.

## History

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Watch 2 episodes of 'Horrible Histories'. There are lots to choose from on BBC iplayer!	Write a timeline showing the key events in your life so far. Aim to include at least 15 events, remembering to put them in chronological order.	Write a paragraph explaining why it is important to study History at school.
<b>Challenge 2</b>	Visit the site of a castle and make a poster about the castle's key features. There are lots to choose from: <a href="http://www.britainirelandcastles.com">http://www.britainirelandcastles.com</a>	Design a poster about a famous figure from History to be displayed in your classroom.	Create a leaflet about studying History in year 7 at Fearnhill for next year's students.
<b>Challenge 3</b>	Read a piece of historical fiction – there are lots to choose from in the library!	Design and make a model of Black Death victims – make sure you include all of the symptoms of the Black Death!	Go to the school History club and get involved in some of their exciting events!

## Maths

	<b>Figuring It Out (2 reward points each)</b>	<b>Freewheeling (5 reward points each)</b>	<b>Flying (10 reward points each)</b>
<b>Challenge 1</b>	Solve the Monty Hall Problem. Complete a poster explaining the theory behind the problem. Suppose you're on a game show, and you're given the choice of three doors: Behind one door is a car; behind the others, goats. You pick a door, say No. 1, and the host, who knows what's behind the doors, opens another door, say No. 3, which has a goat. He then says to you, "Do you want to pick door No. 2?" Is it to your advantage to switch your choice?	Try these simple codes at home:  <a href="https://rediscoveredfamilies.com/secret-codes-for-kids/">https://rediscoveredfamilies.com/secret-codes-for-kids/</a>	Attend the mathematics club.
<b>Challenge 2</b>	Create a poster showing everything you know about place value and the decimal system.	Try the place value exam style questions:  <a href="https://corbettmaths.com/wpcontent/uploads/2013/02/place-value-pdf.pdf">https://corbettmaths.com/wpcontent/uploads/2013/02/place-value-pdf.pdf</a>	Research different systems. This might be binary or hexadecimal systems.
<b>Challenge 3</b>	Create a times table grid that goes from 1 – 15, you can draw this out on paper or use a computer to help you.	Play a mymaths game and try to get on the leaderboard.	Watch the video regarding the Ethiopian Method of multiplication and link this to the binary you did in the previous task.  <a href="https://www.youtube.com/watch?v=uXOTKidm7A0">https://www.youtube.com/watch?v=uXOTKidm7A0</a>

## French

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Watch 'Peppa Pig' in French (YouTube). Make a note of any new vocabulary that you learn.	Research a town or region in France and make a PowerPoint presentation for the class.	Searchable MP3 clips by topic, level and language: <a href="http://www.audio-lingua.eu/?lang=en">http://www.audio-lingua.eu/?lang=en</a>
<b>Challenge 2</b>	Read French magazines online.	Prepare a vocab booklet for a trip to France with key vocab and phrases.	Work through the French beginners and more advanced exercises on the website below: <a href="http://www.languagesonline.org.uk">www.languagesonline.org.uk</a>
<b>Challenge 3</b>	Listen to the free access Podcasts at Coffeebreak French: <a href="https://radiolingua.com/coffeebreakfrench/">https://radiolingua.com/coffeebreakfrench/</a>	Log on to the website below after 4PM or at weekends. Work on the beginner activities <a href="http://zut.languageskills.co.uk/index.html">http://zut.languageskills.co.uk/index.html</a>	Find out about other Francophone countries and make a short PP presentation on one for the class.

## Spanish

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Watch Peppa Pig on Youtube in Spanish. Make notes of any new words you learn.	Research a town or region in Spain and make a PowerPoint presentation for the class.	Searchable MP3 clips by topic, level and language:  <a href="http://www.audio-lingua.eu/?lang=en">http://www.audio-lingua.eu/?lang=en</a>
<b>Challenge 2</b>	Read Spanish magazines online.	Prepare a vocab booklet for a trip to Spain with key vocab and phrases.	Work through the Spanish beginners and more advanced exercises on the website below : <a href="http://www.languagesonline.org.uk">www.languagesonline.org.uk</a>
<b>Challenge 3</b>	Keep in touch with the latest Spanish news at: <a href="https://cnnespanol.cnn.com/category/ninos/">https://cnnespanol.cnn.com/category/ninos/</a>	Log on to the website below after 4PM or at weekends. Work on the beginner activities <a href="http://oye.languageskills.co.uk/index.html">http://oye.languageskills.co.uk/index.html</a>	Find out about other Spanish speaking countries and make a short PP presentation on one for the class.

## Music

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Complete the free levels on the app 'RelativePitchLite'. Show your results to your music teacher.	Learn to sing a simple folk song in tune (such as Wild Mountain Thyme or Who Will Sing Me Lullabies?)	Learn to sing a song in two-part harmony with your friend.
<b>Challenge 2</b>	Complete an online grade 1 music theory test at least twice, improving your score.  <a href="https://gb.abrsm.org/en/theory2018/music-theory-2018-quiz/">https://gb.abrsm.org/en/theory2018/music-theory-2018-quiz/</a>	Learn to play a simple piano piece in one hand position, with both hands (examples may include 'Mary Had a Little Lamb' or 'Lightly Row').	Learn to play a piano piece at a grade 1 standard.
<b>Challenge 3</b>	Go and see a live orchestra in concert, or find and listen to a concert on youtube.  Write a short review of what you have seen.	Learn to play a famous Classical theme such as 'Ode to Joy' on the piano.	Play an arrangement of a Classical theme for two or more pianos with one or more friends.

## PE

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	Visit a sporting stadium or museum and take a photo of any items or information that interests you the most.	Watch a sport of your choice at elite level and summarise the performance.	Write a sports report for Fearnfile team's latest performance or an area of interest.
<b>Challenge 2</b>	Read BBC Sports News regularly and surprise your PE teacher with a fact that they didn't know!	Create a storyboard of an article that interests you the most.	Attend a school sports club. Consider trying a new sport or leading a warm up.
<b>Challenge 3</b>	Create a new game or gymnastics routine.	Teach your new game or gymnastics routine to someone else.	Write a persuasive letter to the Prime Minister, giving your thoughts on the importance of school sports and why it should have a place in the curriculum.



## PRE

	<b>Figuring It Out</b> (2 reward points each)	<b>Freewheeling</b> (5 reward points each)	<b>Flying</b> (10 reward points each)
<b>Challenge 1</b>	<p>Religious stories</p> <p>Read some stories from the interactive Sacred Texts featured in the British Library</p> <p><a href="http://www.bl.uk/learning/citizenship/sacred/sacredintro.Html">http://www.bl.uk/learning/citizenship/sacred/sacredintro.Html</a></p>	<p>Christianity</p> <p>Read The Lion the Witch and the Wardrobe by CS Lewis.</p>	<p>Introduction to the five major world religions</p> <p>Watch:</p> <p><a href="http://ed.ted.com/lessons/the-five-major-world-religions-john-bellaimey">http://ed.ted.com/lessons/the-five-major-world-religions-john-bellaimey</a></p>
<b>Challenge 2</b>	<p>Introduction to the Six Religions we study.</p> <p>Online research: choose the religion you want to research from this page:</p> <p><a href="http://www.primaryhomeworkhelp.co.uk/Religion.html">http://www.primaryhomeworkhelp.co.uk/Religion.html</a></p>	<p>Places of worship</p> <p>Research the Synagogue, Church or Mosque on BBC iWonder website:</p> <p><a href="http://www.bbc.co.uk/guides/zgdjrdm">http://www.bbc.co.uk/guides/zgdjrdm</a></p>	<p>Judaism – Moses and the Exodus</p> <p>Watch Dreamworks ‘Prince of Egypt’ film.</p>
<b>Challenge 3</b>	<p>Christianity</p> <p>Watch The Lion the Witch and the Wardrobe by CS Lewis.</p>	<p>Christianity</p> <p>Do online research about Christian beliefs – use REQUEST website, information about Christian beliefs and values written from a Christian perspective –</p> <p><a href="http://request.org.uk/life/beliefs/">http://request.org.uk/life/beliefs/</a></p>	<p>Living religion in the community</p> <p>Visit a Cathedral or similar centre of worship online. Write a postcard explaining what you have seen.</p>

## Science

	<b>Figuring It Out (2 reward points each)</b>	<b>Freewheeling (5 reward points each)</b>	<b>Flying (10 reward points each)</b>
<b>Challenge 1</b>	Create a model of an animal and plant cell, outlining the key differences in their components. Models can be made in 3-D or on a poster.	Deliver a presentation outlining the key differences between plant and animal cells.	Make your own quiz on the topic of cells and ask your teacher to share it with the class. Be sure to use different level questions.
<b>Challenge 2</b>	Create a Youtube Account and subscribe to at least two reliable video resources ( <a href="https://www.youtube.com/user/crashcoursek1ds">https://www.youtube.com/user/crashcoursek1ds</a> )  Once subscribed, write a paragraph outlining why this is a reliable resource to use for review.	Create a video or PowerPoint, outlining the criteria that makes a resource reliable for research. Presentation should also include the risks of using an unreliable resource.	Print out two opposing articles on a topic of your choice in Science. In a report, compare and evaluate the two sources based on validity and how reliable they are.
<b>Challenge 3</b>	Strava/map my run (or similar app to collect data on your journey to school or run/walk around Letchworth/ local park.  Use time and distance to calculate & check speed.	It takes 10 minutes to reach the international space station which is 408 km away  How fast does a space shuttle go in km/hr?	Find data on the distance of each planet from earth in our solar system.  Calculate how long would it take you to get to each planet in our solar system and evaluate which planets humans could travel to.