

menus *for busy students*

Choosing to eat good food is not just about food choice, it is about a lifestyle choice.

Hertfordshire Catering Limited are passionate about creating the right lifestyle choice for all our customers, giving everyone real peace of mind.

Week One



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tikka Masala	Homestyle Beef Lasagne	Roast Pork with Apple Sauce	Hunter's Chicken	Breaded Fish Fillet
Macaroni Cheese with Garlic Bread (v)	Vegetable Enchiladae (v)	Quorn Toad in the Hole (v)	Vegetable Bolognese (v)	Tortellini Formaggio (v)
Apple Strudel Cake with Custard	Lemon Meringue Pie	Sticky Toffee Pudding with Toffee Sauce	Red Cherry Lovecake with Custard	Tutti Fruitti Ice Cream

Selection of Potatoes, Rice or Pasta as appropriate with Vegetables or Salad

Examples of our fixed price daily chef specials

Week Two



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pulled Pork in BBQ Sauce with Rice	Turkey Jambalaya	Roast Gammon and Pineapple	Traditional Chicken Pie	Battered Fish Fillet
Cool Mexican Wrap with Side Salad (v)	Savoury Ratatouille Square (v)	Vegetarian Chili with Nachos (v)	Falafel with Raita on Couscous (v)	Vegetable Korma with Rice (v)
Strawberry Cheesecake	Carrot Cake with Custard	Apricot Oaty Slice and Ice-cream	Fruit Crumble with Cur	Chocolate Meringue with

Selection of Potatoes, Rice or Pasta as appropriate with Vegetables or Salad

Week Three



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Meatballs in Tomato Sauce	Lamb Mousaka with Crusty Bread	Roast Chicken with Sage and Onion Stuffing	Cumberland Sausage with Mustard Mash	Salmon Fish Cakes with Sweet Chilli Dip
Sweet Potato and Spinach Curry (v)	Sticky Quorn Sausages (v)	Shepherdess Pie (v)	Savoury Cheese & Onion Quiche (v)	Egg, Mushroom and Potato Hash (v)
Oaty Rhubarb Layer with Custard	Traditional Apple Pie and Custard	Sweet Belgium Waffle and Ice Cream	Tangy Lemon Drizzle Cake with Lemon Sauce	Fruits of the Forest Cheesecake

Selection of Potatoes, Rice or Pasta as appropriate with Vegetables or Salad

www.hertscatering.co.uk