

July
2020



ADD-vance

The ADHD and Autism Trust

Website: www.add-vance.org
Email: herts@add-vance.org
Phone: 07716 744 662

Need someone to talk to about ADHD or Autism?



Please call the ADD-vance
Telephone Helpline

07716 744 662

Lines are open from 9am-1pm
Monday to Friday.

Alternatively you can email herts@add-vance.org

Need information or support right now?



Please post your query on the
ADD-vance Private Facebook Page
and get ideas from over 4500
parent and professional members of ADD-vance!

To join the group click:
<http://www.add-vance.org/parents/>
and follow the Facebook link.
(You will be asked 3 simple questions
to verify your identity.)

The group is moderated by Specialist Family
Coaches and Trainers from ADD-vance.

Please note, this is not an emergency service.

Looking for information or support before the summer holidays?



Please join us for our
FREE Online Support Groups
hosted by two Specialist Family Coaches
from ADD-vance:

Tuesday 7 July 19:30 – 20:30
Wednesday 8 July 10:00 – 11:00
Tuesday 21 July 19:30 – 20:30
Wednesday 22 July 10:00 – 11:00

Maximum 10 participants per group.
Email coaching@add-vance.org
to book your place and receive a Zoom link.

Feeling stuck as a family?



Please enquire about the ADD-vance
Family Coaching Service
currently being delivered online via Zoom.

For tailored one-to-one support
to move your family forward
email coaching@add-vance.org
to discuss the options and costs.

Want to understand your child better?



Please sign up for one of our **FREE ONLINE Six-Week Courses** funded by Herts County Council.

Eight courses will be running over the summer holidays including one for parents of girls, one for dads only and two for parents of teens.

Courses will be delivered via Zoom with a maximum of 12 participants per group.

Book your place via Eventbrite at:

<http://add-vance.eventbrite.com/>

Bookings will open at **1pm** on Friday 3 July.

Need help with your EHCP application or annual review?



Please get in touch to arrange a consultation with our EHCP Specialist – Bridget Livsey

Email coaching@add-vance.org for more information and costs.

Worried about getting your child back to school in September?



Please sign up for our **FREE Webinar – Going back to school after Covid** funded by Hertfordshire Community Foundation which will be repeated on the following dates:

Wednesday 15 July 19:30 – 20:30

Wednesday 29 July 19:30 – 20:30

Wednesday 12 August 19:30 – 20:30

Wednesday 26 August 19:30 – 20:30

Webinars will be delivered via Zoom with up to 98 participants per session. They will be followed up with small support groups to discuss individual concerns.

Book your place via Eventbrite at:

<http://add-vance.eventbrite.com/>

Bookings will open at **1pm** on Monday 6 July.

Wondering if you or your child has ADHD?



Please book in for a **QbCheck at ADD-vance**

This online test measures the three core symptoms of ADHD. It provides objective data which can help parents & professionals evaluate and manage ADHD.

Visit www.add-vance.org/adhd_service/qbcheck/ for more information or to arrange a potential future booking.

At ADD-vance we are passionate about supporting families. This is because all our Specialist Trainers and Coaches have first-hand experience of living with ADHD, autism and related conditions! In our opinion, nobody understands living with additional needs more than parents who 'walk the walk' every day! But sometimes we all need a helping hand, whether that's a simple chat or something a bit more structured. We want to help you develop plans and strategies that work for your family – and if something doesn't work then we'll try again! Get in touch for more information about our range of services across Hertfordshire.